CMS Region IV LTC Quality Improvement Initiative 2015-2020

Six State Final Grant Report

Alabama 2015- 04-AL-UOL-0303 Georgia 2015- 04- GA-UOL-0303 Kentucky 2015- 04- KY-UOL-0303 South Carolina 2015- 04- SC- UOL-0303 Florida 2015-04-FL-UOL-0303 Mississippi 2015- 04-MS-UOL-0303

www.cpgltc.org

Final Grant Summary

Florida (FL) was the last of the six states that funded the CMS Region IV LTC Quality Improvement Initiative. The Florida contract ended on December 31, 2020. The five additional contracts (AL, GA, KY, MS, SC) ended in 2018. The overall grant objectives for all the states included:

- Develop a password-protected website exclusively for CNH professional and direct
 care staff in the six states to deliver the AMDA clinical practice guidelines
 materials among other resources in user-friendly formats including pdf format,
 video and webinar presentations for use in certified nursing homes;
- Develop Continuing Education examinations for up to six Clinical Practice
 Guidelines (CPGs) a year covering practices for four professional disciplines
 working in certified nursing homes, including Medicine, Nursing, Social Work
 and Nutritionists/Dietitians;
- 3. Provide CMEs and CEs to health care professional staff from four disciplines at no-charge for those completing the CPGs;
- 4. Collaborate with AMDA to revise the *Know-it-All*TM materials to tailor website video content for use by health care professional staff and separate content for direct care staff;
- 5. Produce webinars to be archived on the website from the AMDA Implementation

 Series for CNH in-service training to medical, nursing and CNA staff at the rate of

 1-2 topics per year based on the availability from AMDA;
- 6. Evaluate change in health care practices by health care professionals following their

University of Louisville CMS Region IV LTC Quality Improvement Initiative completion of the CPGs and CME/CE certification;

7. Evaluate changes in state CNH performance in frequency of deficiency citations correlated to CPG topics.

Grant Deliverables

The grant was completed as of December 31, 2020 and included all Clinical Practice Guideline resources that were included in the licensing agreement with the Society for Post-Acute and Long-Term Care Medicine (AMDA). These included twenty (20) of twenty-one (21) Clinical Practice Guidelines (CPGs), three (3) AMDA CPG Implementation Series, six (6) Implementation Series Narrated PowerPoints for nursing and CNA staff, three (3) *Know-It-All*TM Disease Awareness videos, thirty-seven (37) Continuing Education examinations for Nursing, Social Work and Nutritionist/Dietitians. The difference between the original licensing agreement for AMDA to provide a twenty-first CPG and the twenty on the website was caused by AMDA pulling the out-of-date content out of circulation and not replacing it.

Originally, Continuing Medical Education (CMEs) were to be offered in the Continuing Education program. This changed when the credentialing body for Continuing Medical Education required AMDA to provide signed Conflicts of Interest (COI) statements for all the curricula developers. AMDA was unable to provide them. We made a good faith effort to contact the authors' themselves but some had already passed away and others could not be found. Credentialing standards required that all authors COI be collected in order to receive certification. This was not possible.

Website Offerings

Clinical Practice Guidelines:

- 1. Acute Change of Condition in the Long-Term Care Setting
- 2. Altered Nutritional Status in the Long-Term Care Setting
- 3. Anemia in the Long-Term Care Setting
- 4. COPD Management in the Post-Acute and Long-Term Care Setting
- 5. Dehydration and Fluid Maintenance in the Long-Term Care Setting
- 6. Dementia in the Long-Term Care Setting

- 7. Depression in the Long-Term Care Setting
- 8. Diabetes Management in the Post-Acute and Long-Term Care Setting
- 9. Falls and Fall Risk
- 10. Gastrointestinal Disorders in the Long-Term Care Setting
- 11. Health Maintenance in the Long-Term Care Setting
- 12. Heart Failure in the Post-Acute and Long-Term Care Setting
- 13. Osteoporosis and Fracture Prevention in the Long-Term Caring Setting
- 14. Pain Management in the Long-Term Care Setting
- 15. Parkinson's Disease
- 16. Pressure Ulcers and Other Wounds in the Post-Acute and Long-Term Care Setting
- 17. Sleep Disorders
- 18. Stroke Management in the Long-Term Care Setting
- 19. Transitions of Care in the Long-Term Care Continuum
- 20. Urinary Incontinence in the Long-Term Care Setting

Clinical Practice Guidelines Implementation Series:

- 1. Heart Failure
- 2. Pain Management
- 3. Urinary Incontinence

Clinical Practice Guidelines Implementation Series Narrated PowerPoints

Each Implementation Guide narrated PowerPoint includes separate content for a) nursing and b) CNAs for a total of six (6) PowerPoint presentations:

- 1. Urinary Incontinence
- 2. Pain Management
- 3. Heart Failure

AMDA's Know-It-AllTM Disease Awareness video series:

- 1. Pain Awareness
- 2. COPD Awareness
- 3. Diabetes
- 4. Recognizing Moderate Alzheimer's Disease

The Continuing Education Program available on the Website

The full list of CE exams and offerings are listed on the following page including the maximum number of CE hours made available. Exams were available for Nutritionists/Dietitians, Nursing and Social Workers.

Continuing Education Exams Developed and Credit Hours

Offered through December 31, 2020

	CPG CE Exams	Nursing	Social Work	LPN/Nurse Aides	Dietician/
Clinical Practice Guidelines (CPGs)	Loaded on Website	CE Hours	Credits	Certificates of	Nutritionist Credits
				Completion	
Acute Change of Condition in the LTC Setting (2003)	X	2	2	X	n/a
Altered Nutritional Status in the LTC Setting (2010)	X	2	n/a	X	n/a
Anemia in the LTC Setting (2007)	X	1	n/a	X	1
COPD Management in the Post-Acute Care and LTC Setting (2016)	X	2	2	X	2
Dehydration and Fluid Maintenance in the LTC Setting (2009)	X	2	2	X	1
Dementia in the LTC Setting (2012)	X	2	2	X	2
Depression in the LTC Setting (2011)	X	2	2	X	
Diabetes Management in the Post-Acute and LTC Setting (2015)	X	3	3	X	2
Falls and Fall Risk (2011)	X	2	2	X	1
Gastrointestinal Disorders in the LTC Setting (2006)	X	1	n/a	X	1
Health Maintenance in the LTC Setting (2012)	X	2	n/a	X	
Heart Failure in the Post-Acute Care and LTC Setting (2015)	X	3	n/a	X	2
Osteoporosis and Fracture Prevention in the LTC Setting (2009)	X	2	n/a	X	1
Pain Management in the LTC Setting (R. 2012)	X	3	3	X	
Parkinson's Disease (R. 2010)	X	2	2	X	1.5
Pressure Ulcers and Other Wounds in the Post-Acute and LTC Setting	X	2	2	X	2
Sleep Disorders (2007)	X	2	2	X	
Stroke Management and Prevention in the LTC Setting (2011)	X	2	n/a	X	2
Transitions of Care in the LTC Continuum (2010)	X	3	3	X	1
Urinary Incontinence in the LTC Setting (2012)	<u>X</u>	<u>2</u>	<u>2</u>	<u>X</u>	<u>1</u>
Total CEU/CPE hours	27 hours	42 hours	29 hours	n/a	20.5 hours

Final Grant Evaluation

Evaluation

Outcomes were measured at the levels of:

- (a) website content usage measured through utilization reporting;
- (b) Continuing Education examination and evaluation results measured through CE user data;
- (c) degree of application of knowledge gained and skills applied in the delivery of health care post CME/CE certification measured by post-examination survey 3 months post-exam;
- (d) evaluation of change in knowledge and skills of stakeholder groups accessing the Webinars measured by webinar participant feedback;
- e) change in frequency of deficiency citations and CMS Quality Measures correlated to the CPG topics measured by report of state averages pre/post.

Website Utilization

The final year of the grant ended December 31, 2020. This report incorporates all outcomes for Florida and the additional 5 states through 2020. A report of website and resource activity by all states is included. A total of 700 out of 1900 facilities (36.8%) logged in to use the website with a total of 4,245 discreet users. The number of facilities may be undercounted due to staff users working in one state and living in a bordering state, such as KY and Indiana or SC and NC.

Website user roles represented a wide range of staff within the facilities. The roles identified as users are listed below. The number of roles do not correlate to number of users as different roles sign in multiple times to access multiple resources. Rather, the list represents the broad use of the website. The most utilized website resources included CPGs, Continuing Education, and Know-it-AllTM pages by a wide margin.

Following is the website utilization report since the inception of website usage. This represents usage from October 17, 2017 through December 31, 2020.

Website Utilization Volumes

<u>State</u>	# Users	Website Visits	Page Views
Alabama	742	1,060	5,797
Florida	870	1,171	4,998
Georgia	623	856	4,226
Kentucky	1,340	2,409	14,588
Mississippi	382	379	3,254
South Carolina	<u>288</u>	<u>604</u>	2,013
	4,245	6,479	34,876

Utilization by Product Categories	# Users	Page Views
Clinical Practice Guidelines	1,228	3,075
Continuing Education Credits	657	6,639
Implementation Guides	169	2,764
Know-It-All TM Series	371	237
Topic Searches by CPG/Know-it-All TM	240	622

Website Utilization by Role	<u>#</u>
Activity Director	10
Admin./Asst. Admin.	1,065
Admissions Coordinator	30
Certified Nursing Assistant	89
CMS Region IV staff	93
Dietician/Nutritionist/Dietary	170
Director of Nursing	198
Director of Training	76
Facility Management	16
Licensed Practical Nurse	172
LTC Ombudsman Program	14
MDS Coordinator	55
Nurse Practitioner	9
PT/OT/Speech	7
QIN-QIO	33
Registered Nurse	416
Risk Management	22
Social Worker	115
Staffing	21
State Survey Agency	499
Other	48

Marketing Efforts

Marketing efforts took many forms during the duration of the grant. These efforts included the development of two brochures mailed to all 1900 possible users, sample unique newsletter articles paired with postcards for partner organizational newsletters and direct e-mails to all CNH administrators using *Mailchimp* campaigns. There is no way to estimate how many potential users received marketing mailings as the reach of the partner organizations greatly exceeds 1900 administrators. *Mailchimp* mass mailing campaigns included: thirteen (13) *Mailchimp* campaigns sent to over 1900 CNH administrators and stakeholders (SSA, QIO/QIN, Long-term care ombudsman organizations, and CMS Region IV staff) through December, 2020.

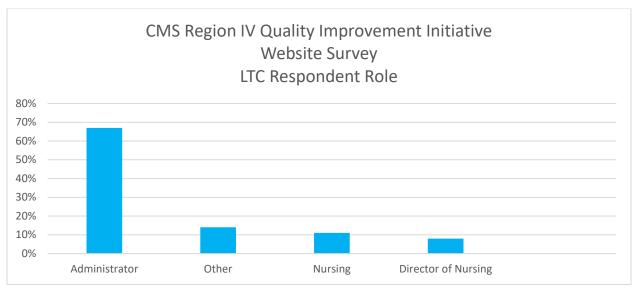
Partner organizations were sent newsletter articles and postcards to include in their regular newsletters sent to members. Sample of marketing materials used during the grant can be found in **Appendix A.**

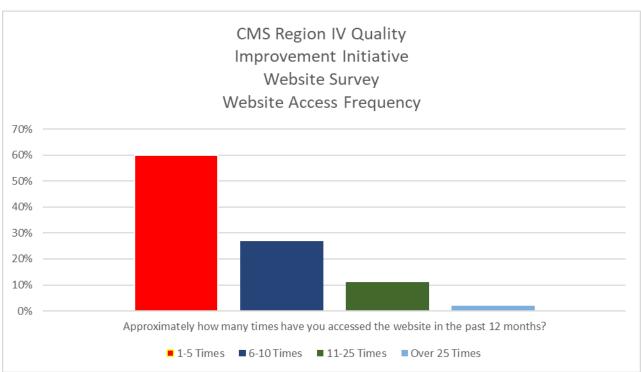
Website Annual Surveys

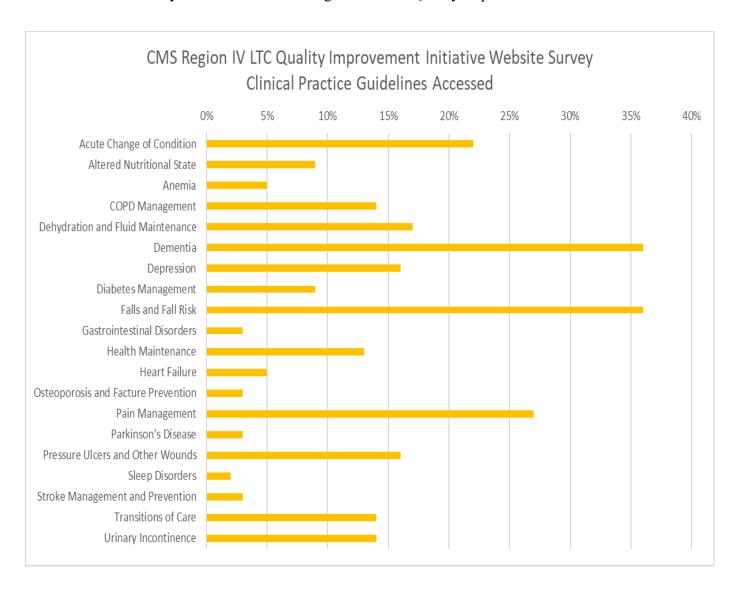
The annual surveys of website users were emailed to users one-year post rollout of the website. Notification was sent three times during the course of the grant. Responses were too few to measure in the first and second years. Responses for the 2020 survey are presented below. Over 1900 surveys were mailed with sixty-five (65) responses submitted from all six states despite requests to complete the surveys were mailed three times. Survey responses indicated that respondents were primarily administrators (68%) with all other categories accounting for 32% of responses. Nurses and Directors of Nursing represented just under 20% of respondents. The typical respondent accessed the website between 1-6 times in the prior year.

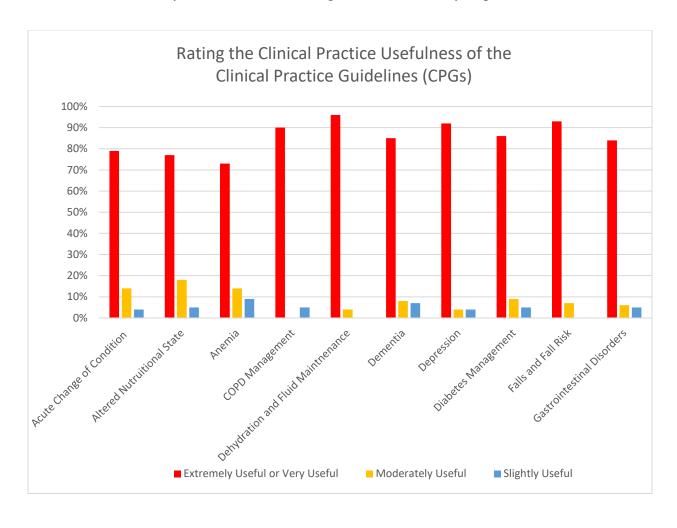
CPG content most frequently utilized included Dementia, Falls, Pain Management and Acute Change of Condition. Usefulness of the 20 CPG topics never scored below 65% of the sample and ranged from 65% - 9 %. The most useful content reported by respondents included the top ten topics/CPGs: Dehydration and Fluid Maintenance, Osteoporosis and Fracture Prevention, Falls and Fall Risk, Depression, Pressure Ulcers and Other Wounds, COPD Management, Health Maintenance, Urinary Incontinence, Diabetes Management, and Dementia.

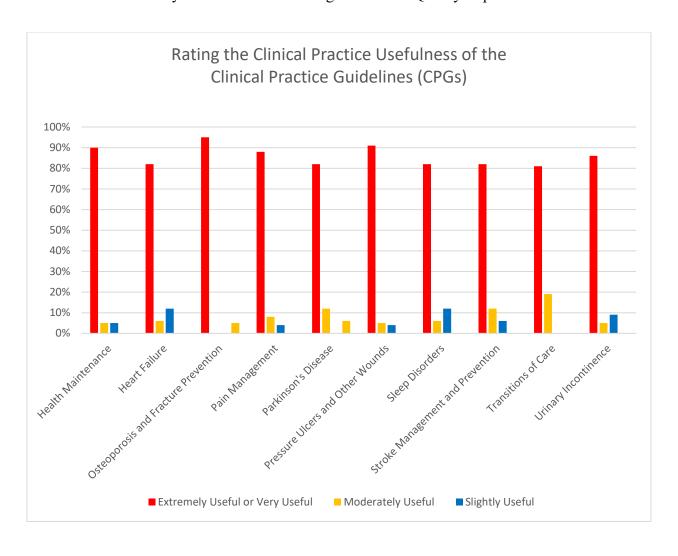
The website survey also asked respondents to rate the usefulness of the other products offered on the website as part of the initiative. Those ratings are included in the charts below:

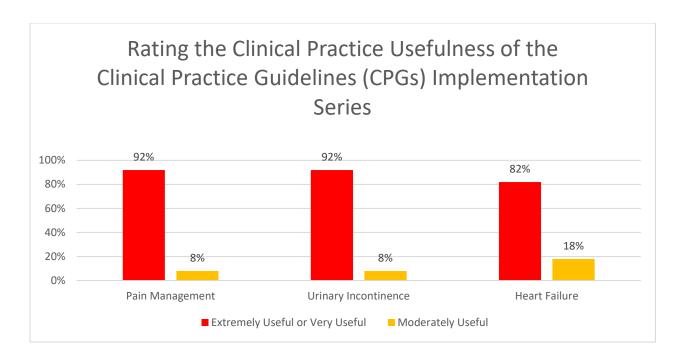


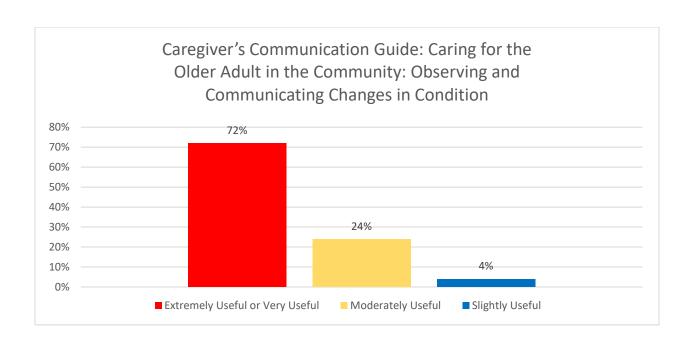


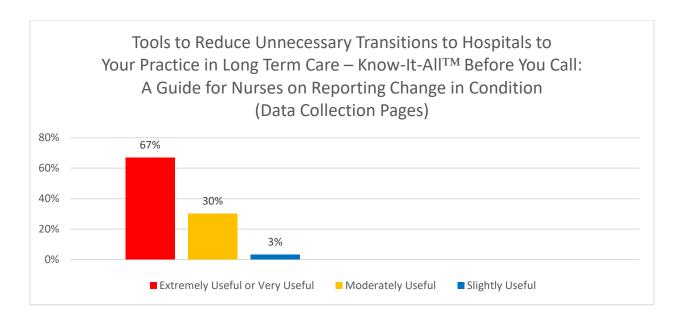


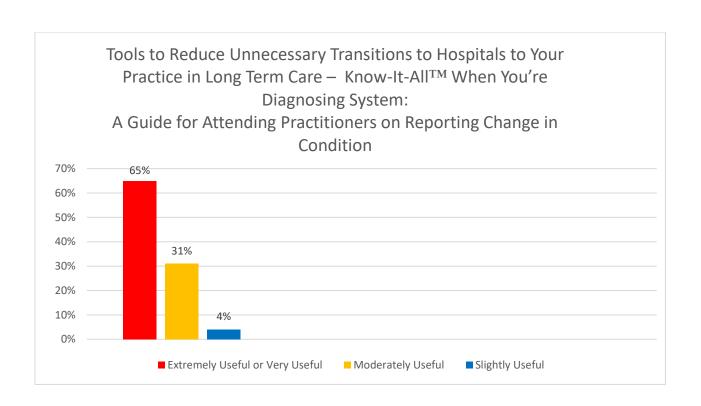


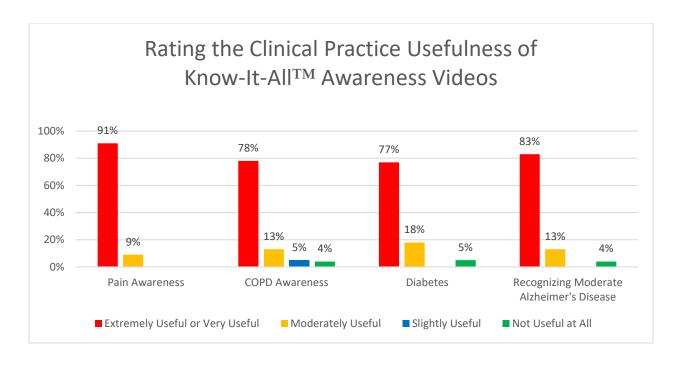














Continuing Education Utilization

Utilization of CEs resulted in 810 exams completed across 6 states and 1268 credit hours awarded. The numbers reflecting usage by state staff is listed below. CPG topics were self-selected. Utilization by user role in their facilities was predominated by Nurses (RNs=423), Dietitian/Nutritionist (N=114) and Social Workers (N=95).

Cumulative Grant Summary

Continuing Education Exams awarded 810

Continuing Education Hours awarded 1,268.4

The following table lists all exams taken by state with accompanying exams by discipline:

CE Exams by State

States Represented	CE Exams Taken by State	SSA Staff	QIO/QIN
AL	159	20	0
FL	47	0	0
GA	67	2	0
KY	399	19	0
MS	80	3	0
SC	<u>58</u>	<u>7</u>	<u>1</u>
Total	810	51	1

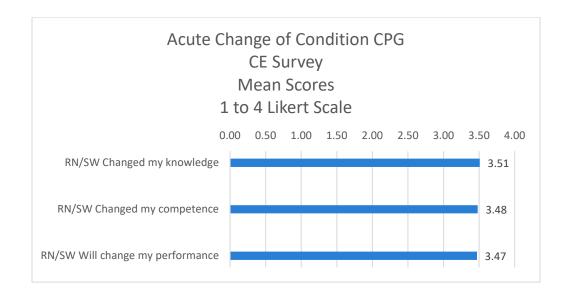
CE Exams by Role/Discipline

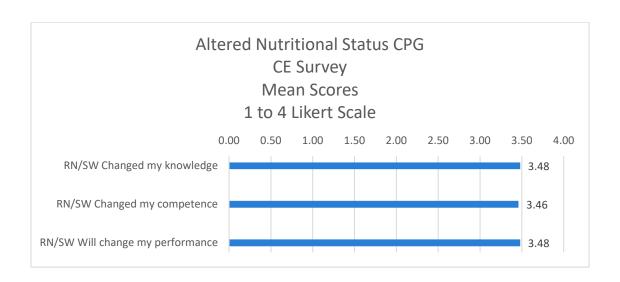
	<u>#</u>
Nursing Related	557
Nursing Home Administrators	26
Social Worker	95
Dietitian/Nutritionist	114
Miscellaneous Roles	<u>18</u>
Total	810

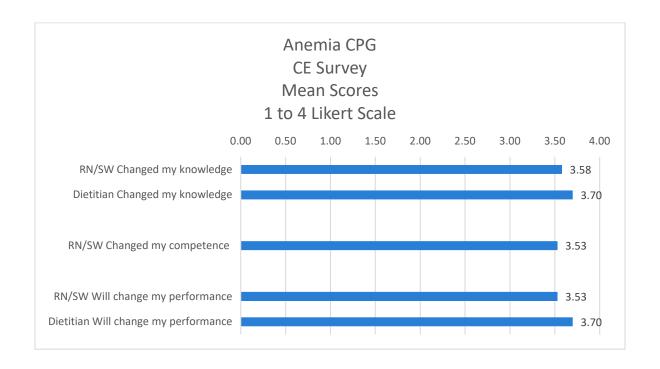
Cumulative CPG Exams	No. of Exams <u>Completed</u>	Completed for <u>Credit</u>	Certificate of Completion <u>Received</u>	
Acute Change of Condition	79	59	20	
Altered Nutritional Status	24	21	3	
Anemia	31	28	3	
COPD Management	57	42	15	
Dehydration and Fluid Maintenance	51	40	11	
Dementia	104	73	31	
Depression	55	33	22	
Diabetes Management	44	33	11	
Falls and Fall Risk	78	61	17	
Gastrointestinal Disorders	18	17	1	
Health Maintenance	19	14	5	
Heart Failure	18	17	1	
Osteoporosis and Fracture Prevention	12	11	1	
Pain Management	43	36	7	
Parkinson's Disease	25	20	5	
Pressure Ulcers and Other Wounds	60	50	10	
Sleep Disorders	7	5	2	
Stroke Management	16	14	2	
Transitions of Care	21	15	6	
Urinary Incontinence	<u>48</u>	<u>37</u>	<u>11</u>	
Grant Totals	810	626	184	

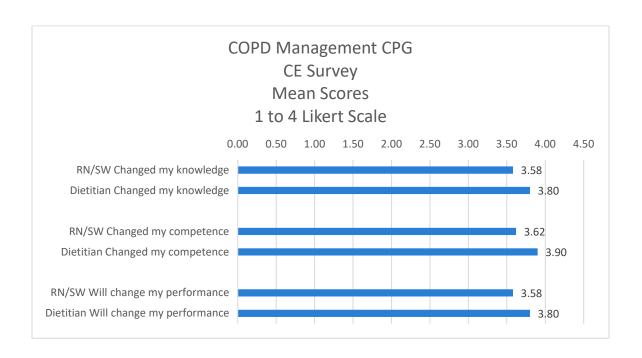
Continuing Education Evaluation

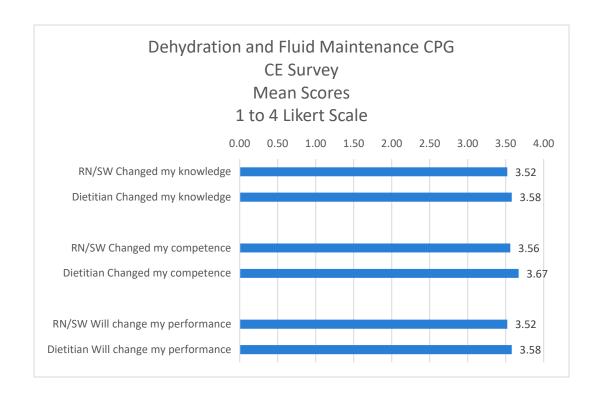
Review of the CE evaluations at three months post-exam indicated achievement of the goals of a) gain in knowledge; b) gain in skills, and; c) preparedness to apply new knowledge in the delivery of health care. Results of the post-exam evaluations are shown in the following charts. There were some reservations as to the effectiveness of the CPGs since some had not been rewritten in almost ten years. The professional nutritionist/dietitian group also expressed concerns about the age of the CPGs. However, feedback from the post-CE exams reflected high impact on user competence, change in knowledge and ability to specifically identify changes they would implement in their practice, including the nutritionist/dietitians.

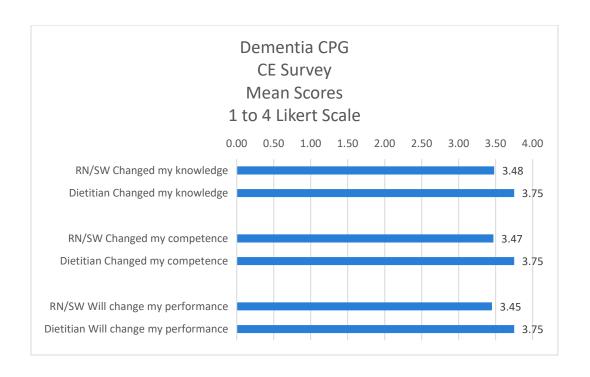


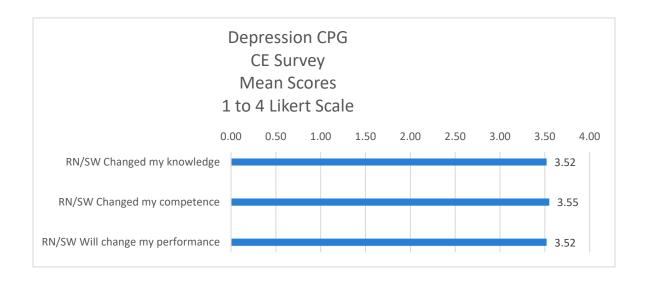


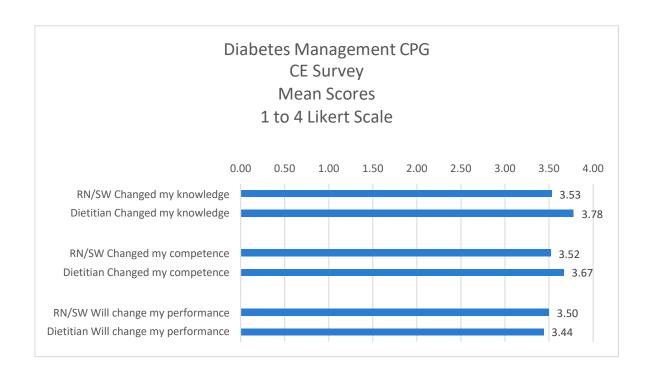


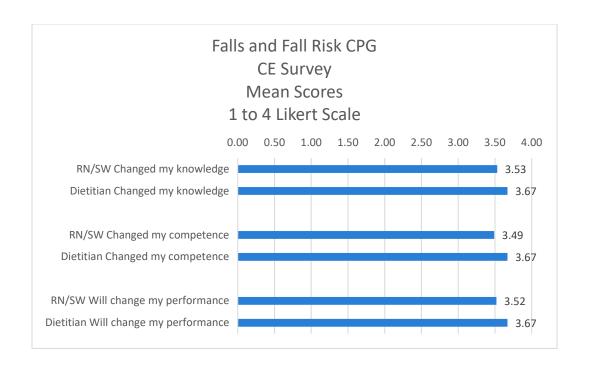


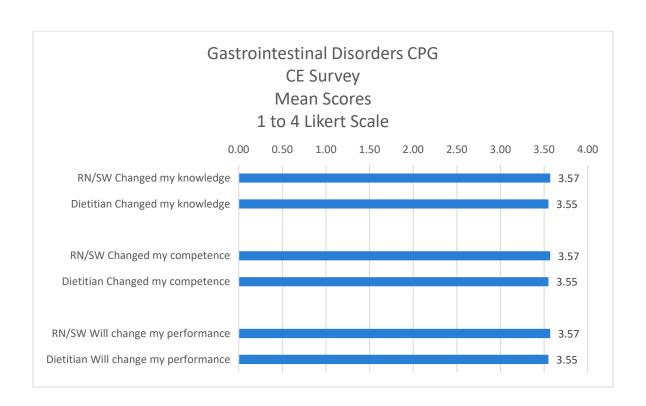


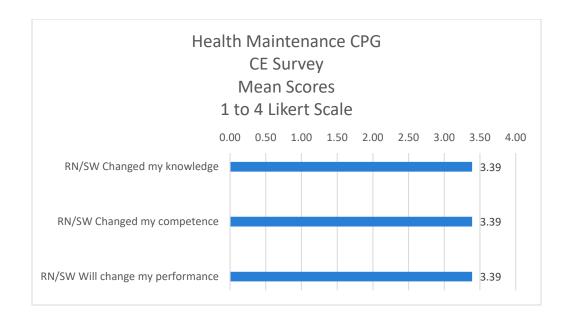


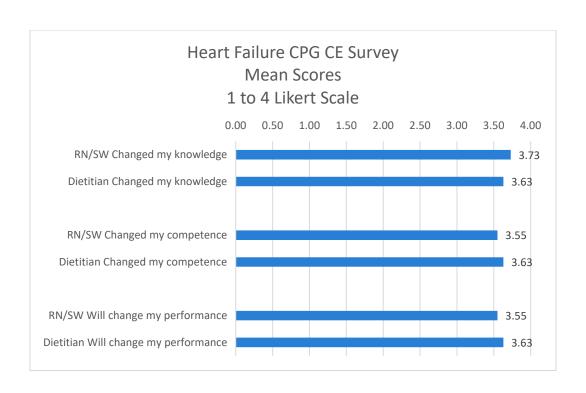


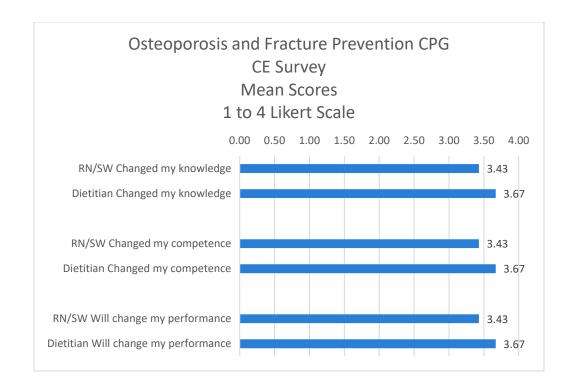


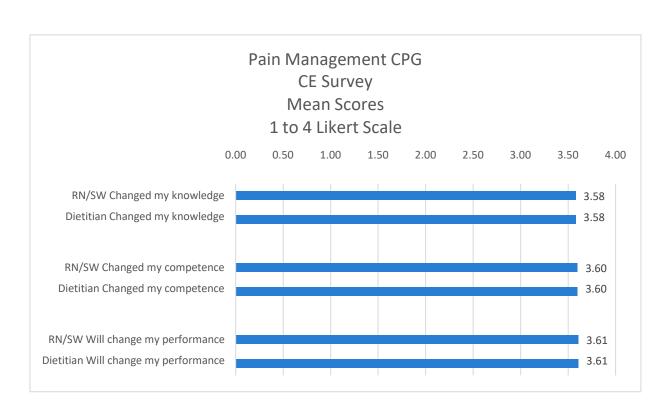


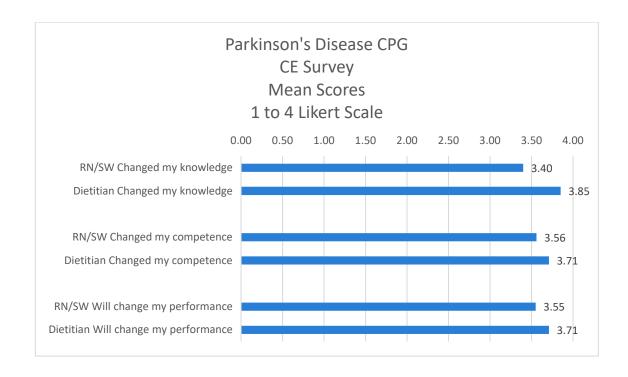


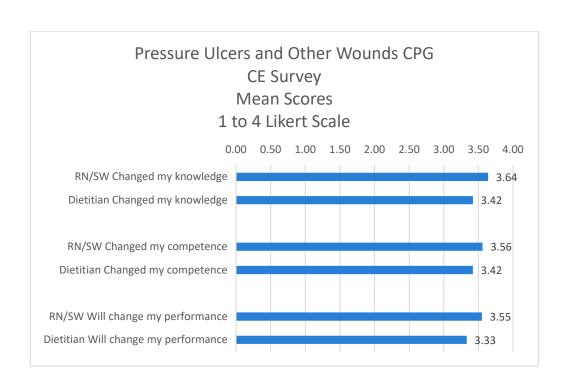


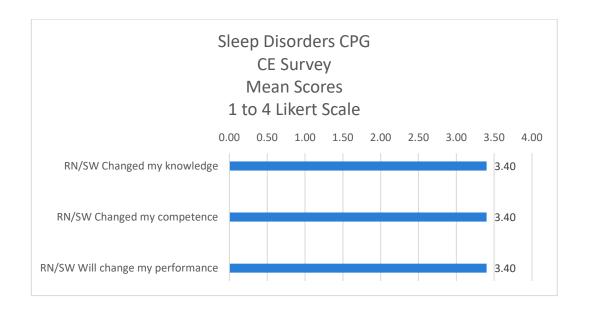


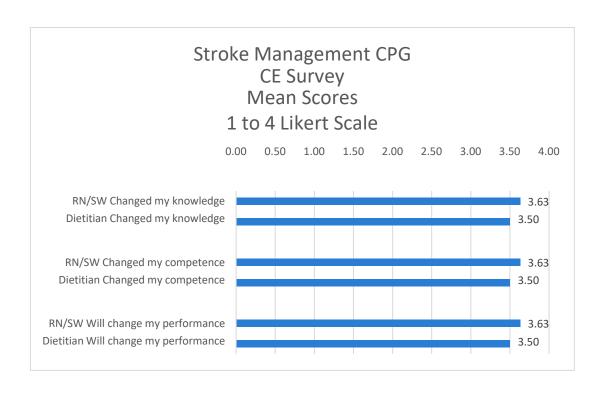


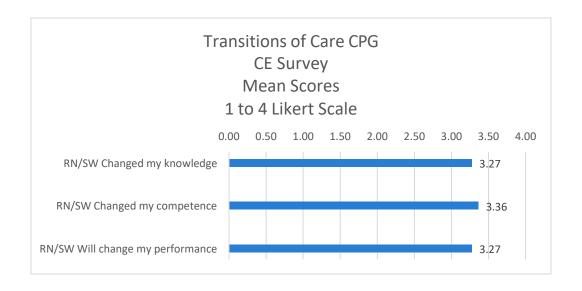


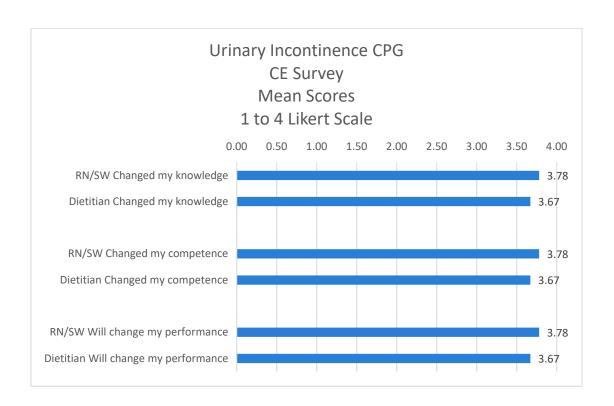






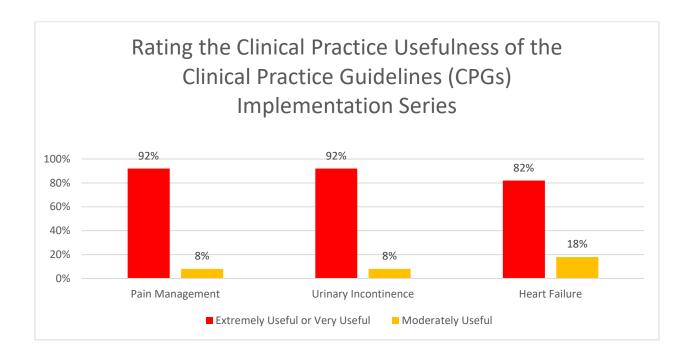






Evaluation of Change in Knowledge and Skills

Evaluation of stakeholder groups accessing the webinars was not possible as the webinars were changed to "narrated PowerPoint" presentations for in-service use. The content of the CPG Implementation Series was composed of checklists, tables, slide presentations, etc. Webinars could not effectively present the information in a meaningful way to capture the breadth of the information provided. The narrated PowerPoint presentations were the most effective format to use. Survey respondents reported the narrated PowerPoints to be highly useful across all three topic categories.



Quality Measures--Change in frequency of deficiency citations and CMS Quality Measures correlated to the CPG topics.

Deficiency citation baselines were never submitted to the project by the SSA units making comparisons difficult. Performance of changes in Quality Measures was measured from the initial baseline of 2014 Quality Measures through the latest update in January, 2021 the most recent data available. The changes in Quality Measures over the period appear

University of Louisville CMS Region IV LTC Quality Improvement Initiative difficult to analyze in light of impact to residents that COVID-19 and long-term quarantine may have exacerbated, specifically ADLs, depressive symptoms, and falls.

Change in Quality Measures	United						South
as of 01/01/21 vs. 03/31/14	States	<u>Alabama</u>	<u>Florida</u>	<u>Georgia</u>	Kentucky	<u>Mississippi</u>	<u>Carolina</u>
ADLs	\downarrow	↑	\downarrow	\downarrow	\downarrow	↑	↑
Antipsychotic Medication	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow
Depressive Symptoms	↑	↑	\downarrow	\downarrow	\downarrow	↑	\downarrow
Falls with Injury	↑	↑	nc	\downarrow	↑	↑	↑
Incontinence	↑	\downarrow	↑	\downarrow	\downarrow	↑	↑
Indwelling Catheter	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow
Influenza Vaccination	na	na	na	na	na	na	na
Pain	na	na	na	na	na	na	na
Physical Restraint	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow
Pneumo. Vaccination	\downarrow	\downarrow	↑	\downarrow	\downarrow	\downarrow	\downarrow
High-Risk Pressure Ulcer	na	na	na	na	na	na	na
UTI	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow	\downarrow
Weight Loss	↑	↓	\downarrow	\downarrow	↓	\downarrow	\downarrow
nc=No change							
na=Not applicable							

Progress Reports

Quarterly and annual reports were sent to all state contacts and Region IV CMS managers within the required timeframes following the end of each quarter. The timing difference between the Florida grant award and contract completion delayed the initiation of resource access to Florida facilities; nevertheless, it allowed the initial five (5) states to fund and complete the infrastructure in the 2017 year. Florida, therefore, was able to provide immediate access to all of its users for the entire three years. The continued access for the other 5 states through 2020 provided the states equal length of access to all resources.

Lessons Learned

• Timing of when state contracts were signed did not correlate with CMS approval for the same project. Ending dates varied across two years. The project experienced a 2 ½ year gap between when the first state signed a contract and the last state. This delayed the

University of Louisville CMS Region IV LTC Quality Improvement Initiative completion of deliverables leaving the first state to sign with the least amount of time to access resources. This has been ameliorated by continuing to offer all CNH users access

Reliance on the CNH Administrator to share the access information with staff was not an
effective method of distribution of the resource or marketing efforts. In face-to-face
presentations staff reported they had never heard of the resource from their
Administrators. This also contributed to the large percentage of users identifying their
role as Administrators. Nursing may have been underutilized as a result.

to the website beyond the end of the grant.

The biggest impact on utilization was through SSA/CMS promotions including internet
marketing and inclusion in state SSA unit and other organizations' newsletters. Face-toface presentations to SSA unit training audiences at their training events and state
conferences resulted in the biggest increases in new users.

Best Practices

- Licensing agreements are a low-cost, efficient way to provide content to long term care.
- Users responded very favorably to the access to free Continuing Education credits.
- The ability to work with an existing CE program with complete infrastructure in website linkage, examination delivery, processing of certification and providing follow-up offered the user a complete process with great ease. Feedback from CE users has been very positive.
- Existing relationships with the project team and CNH corporate ownership enhanced the diffusion of the resources across a corporation.
- SSAs incorporated CMP project leaders in SSA training events throughout the grant year/s to increase dissemination of the project. Face-to-face marketing generated the best results such as presentations to KY OIG training workshops and CNH association conferences.

Challenges Experienced

 Marketing efforts were increased with outreach beyond the listed stakeholders to include different partner organizations for sub-specialties such as ARPN, PA, state Nursing University of Louisville CMS Region IV LTC Quality Improvement Initiative associations, Academies of Nutrition and Dietetics, associations of Nurse Assistants, Activity Directors' associations, Nursing Home Administrators, among others.

- Updating passwords every 6 months was found to be confusing and cumbersome. It has served as an incentive for non-users to access the website, however, as they received an extra reminder about the website on a regular basis.
- Facility administrator turnover impaired the diffusion of the availability of the resource as
 administrators were the primary contact. Once they left the organization, the email
 address left with them. The frequency of password updates prompted an active list of
 kickbacks which enabled the Help Desk to identify the changes and correct new
 administrator contact information.
- We originally considered that since AMDA has not maintained a regular flow of updated resources, the age of resources over three years might be a disincentive to use the resources. This has not proven to be the case upon review of the exams accessed and user feedback through website and CE exam surveys.
- Mergers among CNH corporations resulted in continually changing email addresses,
 - O Different ownership would have a facility email account versus a corporate email account for other corporations. Without access to the corporate contact, it was difficult to maintain current contact information. The Help Desk staff followed up daily with any email kickbacks from CNH; however, when names changed as a result of mergers oftentimes this resulted in a loss of contact with the facility.
- As COVID-19 worsened through the summer of 2020, there appeared to be an inverse relationship between positivity rates and utilization of CE exams.

Conclusion

The products were utilized in spite of the challenges mentioned above. Ongoing access was provided to all six (6) states through the end of the Florida contract in 2020, including the Continuing Education Program. The challenges of the changing landscape in the long-term care industry were overcome through daily Help Desk monitoring and follow-up. Expanded marketing efforts to industry organizations and sub-specialty groups proved successful. Website utilization proved useful to users as they tended to use multiple pages once they had accessed the site. The project was extremely comprehensive and was best funded through multiple state partners despite the challenges.

The value of the initiative was proven through feedback received from surveys. Extensive marketing efforts useful as the website was used by 36.8% of potential facilities. Usage may have been impacted by the account structure as the SSAs identified only Administrators as the target audience for marketing and accounts. This was done to protect website access only to the state CNHs because of high staff and administrator turnover. In the future, it may be worth considering opening up user marketing to the wider staff roles. Further, should individual states be interested in subscribing to the initiative, costs for new entrants can be reduced as the startup costs have already been absorbed lowering entry costs.

Examples of CMS Region IV LTC Quality Improvement Initiative Sample Brochures (two)

Training Resources for In-Service Training

AMDA Know-It-All ™ Before You Call Disease Awareness Series

- Recognizing Moderate Alzheimer's Disease
- Diabetes in the LTC Setting
- Pain Awareness
- **COPD Awareness**

CPG Implementation Series Narrated Training Videos Powerpoint Support Manuals

- > Heart Failure
- Pain Management
- Orinary Incontinence

Contact us today!

Betty Shiels, PhD, MSSW, LCSW Kent School of Social Work University of Louisville Betty.shiels@louisville.edu Phone: 502-852-8003

Diana Jester, MSSW
Kent School of Social Work
University of Louisville
Diana.jester@louisville.edu
Phone: 502-852-3487





SOCIAL WORK



CMS Region IV Partner States: Alabama, Florida, Georgia, Kentucky, Mississippi, South Carolina Materials were produced pursuant to the Long Term Care (LTC) Quality Improvement Initiative/ AMDA Clinical Practice Guidelines and CMS Region IV Website: Sponsored by University of Louisville Research Foundation, Inc., Alabama Medicaid Agency: State of Florida, Aenory for Health Care Administration; Georgia Department of Community Health, Grant #16051G; Kentucky Cabinet for Health and Family Services, Office of the Inspector General, Grant # POZ 723 1600004042 1; Mississippi State Department of Health, Mississippi Division of Medicaid in the Office of the Governor; and South Carolina Department of Health and Human Services. CMS Project Numbers: 2015-04-AL-UOL-0303; 2015-04-GA-UOL-0303; 2015-04-KY-UOL-0303; 2015-04-SC-UOL-0303;



Centers for Medicare and Medicaid Services CMS Region IV

Long Term Care Quality Improvement Initiative

www.cpgltc.org

FREE CEs Contact Hours

EARN CE CREDITS

Nurses: up to 42 CE credits

Social Workers: up to 29 CE credits

Dietitians/Nutritionists: up to 20.5

CE credits

Certificates of Completion for all LTC staff



Appendix A-2

CMS Region IV LTC Quality Improvement Initiative

Includes FREE training resources to LTC direct care and professional staff to help:

- Improve quality of care to residents
- Identify changes in resident health conditions
- Communicate changes to physicians in an effective, concise manner to help expedite diagnosis and/or treatment recommendations
 - obtain FREE, cost-effective educational resources that can lead to improved health care delivery, including Powerpoint and video tools.

FREE Access To:

AMDA Clinical Practice Guidelines covering 20 clinical conditions through a passwordprotected website. CMS Region IV LTC Quality Improvement Initiative is a collaboration between:

CMS Region IV
State Survey Agencies
University of Louisville
Kent School of Social Work

AMDA Clinical Practice Guidelines

Available on the Website:

- Acute Change in Condition Altered Nutritional Status
- Anemia
- COPD Management
- Dehydration and Fluid Maintenance
- Dementia
- Depression
- Diabetes Management
- Falls and Fall Risk
- Gastrointestinal Disorders
- Health Maintenance
- Heart Failure
- Osteoporosis and Fracture Prevention
- Pain Management
- Parkinson's Disease
- Pressure Ulcers & Other Wounds
- Sleep Disorders
- Stroke Management & Prevention
- Transitions of Care
- Urinary Incontinence



www.cpgltc.org

AMDA Know-It-AII TM

The *Know-It-All*TM series offers 70+ checklists to identify changes in resident health, to communicate concise, detailed reports to physicians and nurse practitioners.

These essential clinical data collection guides assist in reporting changes in condition of your residents.

- Know-It-All™ Before You Call Diagnosing System for nurses
- ◆ Know-It-All™ When You're Called
 Diagnosing System for physicians
 and nurse practitioners

How can I access the Resources?

Contact help@cpgltc.org to obtain your facility-specific username and password to the website.

After logging in to the website, users can access:

- CE Exams for contact hours and/or Certificates of Completion
- 20 Clinical Practice Guidelines
- Know-It-All TM Series
- CPG Implementation Series, video support and manuals

Training Resources for In-Service Training

AMDA KNOW-IT-ALL™ BEFORE YOU CALL

DISEASE AWARENESS SERIES

- Recognizing Moderate Alzheimer's
 - Diabetes in the LTC Setting
- Pain Awareness
- COPD Awareness

CPG IMPLEMENTATION SERIES

Narrated Training Videos

APowerpoint Support

ip manuals ip

- Heart Failure
- Pain Management
- Urinary Incontinence

cpgltc.org/implementation-guides/

Contact us today!

Betty Shiels, PhD, MSSW, LCSW Kent School of Social Work **Jniversity of Louisville**

3etty.shiels@louisville.edu Phone: 502-852-8003

Diana Jester, MSSW

Kent School of Social Work University of Louisville Diana.jester@louisville.edu Phone: 502-852-3487

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CMS Region IV Partner States: Alabama, Florida, Georgia, Kentucky, Mississippi, South Carolina

Florida, Agency for Health Care Administration; Georgia Department of Community Health, Grant #16051G; Kentucky Cabinet for Health Mississippi Division of Medicaid in the Office of the Governor; and and CMS Region IV Website: Sponsored by University of Louisville Project Numbers: 2015-04-AL-UOL-0303; 2015-04-FL-UOL-0303; 2015-04-GA-UOL-0303; 2015-04-KY-UOL-0303; 2015-04-MS-South Carolina Department of Health and Human Services. CMS 202 723 1600004042 1; Mississippi State Department of Health, Materials were produced pursuant to the Long Term Care (LTC) Research Foundation, Inc., Alabama Medicaid Agency; State of and Family Services, Office of the Inspector General, Grant # JOL-0303; 2015-04-SC-UOL-0303.



Centers for Medicare and **Medicaid Services CMS Region IV**

Quality Improvement Initiative Long Term Care

cpgltc.org



EARN CE CREDITS

Nurses: up to 42 CE credits

Social Workers: up to 29 CE credits

Dietitians/Nutritionists: up to 20.5 CPE credits

Certificates of Completion for all LTC staff



Includes FREE training resources to LTC direct care and professional staff to help:

- Improve quality of care to residents
- Identify changes in resident health conditions
- Communicate changes to physicians in an effective, concise manner to help expedite diagnosis and/or treatment recommendations
- Obtain FREE, cost-effective educational resources that can lead to improved health care delivery, including Powerpoint and video tools.

FREE Access To:

AMDA **Clinical Practice Guidelines** covering 20 clinical conditions through a password -protected website.

CMS Region IV LTC Quality Improvement Initiative is a collaboration between: CMS Region IV

State Survey Agencies University of Louisville Kent School of Social Work

AMDA **Clinical Practice Guidelines** Available on the Website:

- Acute Change in Condition
- Altered Nutritional Status
- Anemia
- · COPD Management
- · Dehydration and Fluid Maintenance
- Dementia
- Depression
- Diabetes Management
- Falls and Fall Risk
- Gastrointestinal Disorders
- Health Maintenance
- Heart Failure
- Osteoporosis and Fracture Prevention
- Pain Management
- Parkinson's Disease
- Pressure Ulcers & Other Wounds
- Sleep Disorders
- Stroke Management & Prevention
- Transitions of Care
- Urinary Incontinence

cpgltc.org/clinical-practice-guidelines/

AMDA KNOW-IT-ALL™

The Know-It-AllTM series offers 70+ check-lists to identify changes in resident health, to communicate concise, detailed reports to physicians and nurse practitioners. These essential clinical data collection guides assist in reporting changes in con-dition of your residents.

- Know-It-All[™] Before You Call Diagnosing System for nurses
- Know-It-AllTM When You're Called Diagnosing System for physicians and nurse practitioners

cpgltc.org/know-it-all-series/

HOW CAN I ACCESS THE RESOURCES?

Contact help@cpgltc.org to obtain your facility-specific username and password to the website.

After logging in to the website, users can access:

- CE Exams for contact hours and/ orCertificates of Completion
 - 20 Clinical Practice Guidelines
- Know-It-All ™ Series
- CPG Implementation Series, videosupport and manuals

Sample emails sent to stakeholder organizations

As leaders in the Florida Dietetics Association, your colleagues depend on your organization to inform them of opportunities to increase their knowledge and skills. As in-person conferences and educational activities have been cancelled due to the COVID-19 pandemic, on-line courses are the best opportunity for learning.

Placement of the information below in one of your upcoming member newsletters and/or other communication channels will be most appreciated. See attached newsletter article.

The CMP grant that has funded the CMS Region IV LTC Quality Improvement Initiative is ending. Starting January 1, 2021, the password-protected website will no longer be accessible. All Clinical Practical Guidelines (CPGs) and other resources will be taken down and the CE program will end. Take advantage of these resources, especially the FREE Continuing Education Credits through December 31, 2020.

Visit the CMS Region IV LTC Quality Improvement Initiative website, <u>www.cpgltc.org</u> in order to access Free CE/CPE!

- Nurses can earn up to 42 CE credits
- Social Workers can earn up to 29 CE credits
- Dietitians/Nutritionists can earn up to 4 CE credits

How to Access Resources

Explore the website at <u>www.cpgltc.org</u>

Member facilities have been provided with <u>a facility-specific username and password</u>. If your facility cannot locate your password, contact <u>help@cpgltc.org</u> to have one reissued.

The CMS Region IV LTC Quality Improvement Initiative is a collaboration between: CMS Region IV, State Survey Agencies, University of Louisville Kent School of Social Work. The CMS Region IV Partner States: Alabama, Florida, Georgia, Kentucky, Mississippi, South Carolina.

Materials were produced pursuant to the Long Term Care (LTC) Quality Improvement Initiative/ AMDA Clinical Practice Guidelines and CMS Region IV Website: Sponsored by University of Louisville Research Foundation, Inc., Alabama Medicaid Agency; State of Florida, Agency for Health Care Administration; Georgia Department of Community Health, Grant #16051G; Kentucky Cabinet for Health and Family Services, Office of the Inspector General, Grant # PO2 723 1600004042 1; Mississippi State Department of Health, Mississippi Division of Medicaid in the Office of the Governor; and South Carolina Department of Health and Human Services. CMS Project Numbers: 2015-04-AL-UOL-0303; 2015-04-FL-UOL-0303; 2015-04-GA-UOL-0303; 2015-04-KY-UOL-0303; 2015-04-MS-UOL-0303; 2015-04-SC-UOL-0303.

Centers for Medicare & Medicaid Services Region IV Long Term Care Quality Improvement Initiative



CMS Region IV LTC Quality Improvement Initiative ends December 31, 2020

Last Chance to Access Free Resources

Less than 60 Days Left to Obtain Free CE/CPEs

Nurses: up to 42 CE credits

Social Workers: up to 29 CE credits

Dietitians/Nutritionists: up to 4 CE credits

The CMP grant that has funded this Quality Improvement Initiative is ending. *Starting January 1, 2021, the password-protected website will no longer be accessible.*

All Clinical Practical Guidelines (CPGs) and other resources will be taken down and the CE program will end. Take advantage of these resources, especially the FREE Continuing Education Credits through December 31, 2020.

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Examples of Postcards sent with newsletter articles







www.cpgltc.org

Commitment to Improving Resident Quality of Care

CMS Region IV Long-Term Care Quality Improvement Initiative:

- Free access to AMDA Clinical Practice Guidelines (CPGs)
- Free CE credits for up to 20 topic areas for nurses, social workers and Registered Dietitian Nutritionists (RDN) and Nutrition and Dietetics Technicians, Registered (NDTR)
- AMDA's Know-It-All Before You Call™ templates of 78 common conditions to help staff identify changes in resident health

Obtain your LTC Facility's password and username at www.cpgltc.org. Complete the "contact us" section on the front page. Or email the Help Desk at help@cpgltc.org

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Appendix A-10





Commitment to Improving Resident Quality of Care

Improve Quality Measures MSN Earn Free CEs

MSN Practitioners - up to 42 CE Credits covering : Acute Change, COPD Management, Falls and Fall Risk, Dementia, Diabetes, Depression, Parkinson's Disease, Depression and many more. Obtain your LTC Facility's password and username at www.cpgltc.org. Complete the"Contact Us" section on the front page. Or email the Help Desk help@cpgltc.org

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www.cpgltc.org

Commitment to Improving Resident Quality of Care

Improve Quality Measures Nurses Earn Free CEs

Nurses - up to 42 CE Credits covering : Acute Change, COPD Management, Falls and Fall Risk, Dementia, Diabetes, Depression, Parkinson's Disease and many more. LPNs earn Certificates of Completion Obtain your LTC Facility's password and username at www.cpgltc.org. Complete the "Contact Us" section on the front page. Or email the Help Desk help@cpgltc.org

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www.cpgltc.org

Commitment to Improving Resident Quality of Care

Improve Quality Measures RDNs & NDTRs Earn Free CEs

RDNs and NDTRs in LTC can earn up to 11.5 credit hours completing 14 on-line exams covering: Anemia, COPD, Dehydration, Dementia, Diabetes, Gastrointestinal Disorders, Heart Failure, Osteoporosis, Urinary Incontinence and more.

Obtain the LTC Facility's password and username at www.cpgltc.org. Complete the"Contact Us" section on the front page. Or email the Help Desk - help@cpgltc.org

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Materials were produced pursuant to the Long Term Care (LTC) Quality Improvement Initiative/ AMDA Clinical Practice Guidelines and Region IV Website: Sponsored by the University of Louisville Research Foundation, Inc., Alabama Medicaid Agency; State of Florida Agency for Health Care Administration; Georgia Dept. of Community Health, Grant #16051G; Kentucky Cabinet for Health and Family Services, Office of Inspector General, Grant # POZ 723 1600004042 1; Mississippi Department of Health, Division of Medicaid in the Office of the Governor; and South Carolina Dept. of Health and Human Services. CMS Project Numbers: 2015-04-AL-UOFL-0303; 2015-04-FL-UOFL-0303; 2015-04-GA-UOFL-0303; 2015-04-KY-UOFL-0303; 2015-04-KY-UOFL-0303







www.cpgltc.org

Commitment to Improving Resident Quality of Care

Improve Quality Measures and LTC Staff Earn FREE CEs

Nurses - up to 42 CEs Social Workers - up to 29 CEs Registered Dietitians Nutritionists (RDN) and Nutrition and Dietetics Technicians, Registered (NDTR) up to 11.5 CPEs All Staff - Certificates of Completion Obtain your LTC Facility's password and username at www.cpgltc.org. Complete the"Contact Us" section on the front page. Or email the Help Desk at help@cpgltc.org

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www.cpgltc.org

Commitment to Improving Resident Quality of Care

Improve Quality Measures and LTC Staff Earn FREE CEs

Social Workers - Earn up to 29 CE Credits covering these topics: Acute Change, COPD Management, Falls and Fall Risk, Dementia, Diabetes, Depression, Parkinson's Disease and many more. Obtain your LTC Facility's password and username at www.cpgltc.org. Complete the"contact us" section on the front page. Or email the Help Desk at help@cpgltc.org

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Appendix A-15

Materials were produced pursuant to the Long Term Care (LTC) Quality Improvement Initiative/ AMDA Clinical Practice Guidelines and Region IV Website: Sponsored by the University of Louisville Research Foundation, Inc., Alabama Medicaid Agency; State of Florida Agency for Health Care Administration; Georgia Dept. of Community Health, Grant #16051G; Kentucky Cabinet for Health and Family Services, Office of Inspector General, Grant # PO2 723 1600004042 1; Mississippi Department of Health, Division of Medicaid in the Office of the Governor; and South Carolina Dept. of Health and Human Services. CMS Project Numbers:2015-04-AL-UOFL-0303; 2015-04-FL-UOFL-0303; 2015-04-GA-UOFL-0303; 2015-04-KY-UOFL-0303; 2015-04-MS-UOFL-0303 2015-04-SC-UOFL-0303.





www.cpgltc.org

Commitment to Improving Resident Quality of Care

Improve Quality Measures and LTC Staff Earn FREE CEs

Nurses - up to 42 CEs Social Workers - up to 29 CEs Registered Dietitians Nutritionists (RDN) and Nutrition and Dietetics Technicians, Registered (NDTR) up to 11.5 CPEs All Staff - Certificates of Completion Obtain your LTC Facility's password and username at www.cpgltc.org. Complete the"Contact Us" section on the front page. Or email the Help Desk at help@cpgltc.org

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NEWSLETTER ARTICLES

State Survey Agencies Newsletter

Improve Quality Measures and Earn FREE CE Credits for LTC Nurses, Social Workers, Registered Dietitian Nutritionists (RDN) and Nutrition and Dietetics Technicians, Registered (NDTR)

LTC nurses, social workers Registered Dietitian Nutritionists (RDN) and Nutrition and Dietetics Technicians, Registered (NDTR) and can **earn up to 42 contact hours** at no cost with the CMS Region IV Quality Improvement Initiative, a 6-state CMS CMP program.

FREE training resources at the password-protected website www.cpgltc.org:

- 20 CE Exams with 1-3 contact hours up to 42 total hours for LTC Nurses
- 15 CE Exams with 1-3 contact hours up to 29 NASW approved hours for LTC Social Work
- 14 CE Exams with 1-3 contact hours up to 20.5 hours for LTC Dietitians/Nutritionists from Becky Dorner Associates
- CPG Implementation Series (Heart Failure, Pain Management, Urinary Incontinence) with accompanying training resources including narrated Power Points for nurses and nurse aides
- 4-part *Disease Awareness* Video Series (COPD, Diabetes, Pain Management, Moderate Alzheimer's)
- Know-it-All™ Before You Call (for LTC staff) data collection tools for 70+ common health conditions
- Know-it-All™ When You're Called (for physicians and practitioners) data collection tools for 70+ common health conditions

LTC administrators receive facility-specific passwords and usernames. Please share with staff for access to FREE training materials at www.cpgltc.org. For facility username and password assistance, contact help@cpgltc.org.

Nurse Practitioners – Earn Free CE/Contact Hours and Improve Quality Measures

Nurse Practitioners can **earn up to FREE 42 CE/Contact hours** at <u>www.cpgltc.org</u>. The CMS Region IV Quality Improvement Initiative is offering FREE training materials through this 6-state CMS CMP Grant.

Free for NPs!

- 20 CE Exams with 1-3 contact hours each 42 total contact hours!
- CPG Implementation Series (Heart Failure, Pain Management, Urinary Incontinence) with accompanying training resources including narrated PowerPoints for nurses and nurse aids
- 4-part Disease Awareness Video Series (COPD, Diabetes, Pain Management, Moderate Alzheimer's)
- Know-it-All™ When You're Called data collection tools for 70+ common health conditions

Training materials and CEs are FREE and available at www.cpgltc.org. For facility username and password assistance, contact help@cpgltc.org.

Nurses/Directors of Nursing - Earn Free CE/Contact Hours and Improve Quality Measures

Nurses working in LTC can **earn up to 42 FREE CE/Contact hours** at <u>www.cpgltc.org</u>. The CMS Region IV Quality Improvement Initiative is offering FREE training materials through this 56state CMS CMP Grant.

Free for nurses!

- 20 CE Exams with 1-3 contact hours

 up to 42 total contact hours!
- CPG Implementation Series (Heart Failure, Pain Management, Urinary Incontinence) with accompanying training resources including narrated PowerPoints for nurses and nurse aids
- 4-part Disease Awareness Video Series (COPD, Diabetes, Pain Management, Moderate Alzheimer's)
- Know-it-All™ Before You Call (for LTC staff) data collection tools for 70+ common health conditions

As a key provider on the care team, you can receive enhanced knowledge about the 70+ health topics most common in LTC residents and enrich your role in the facility. Training and CEs are FREE and now available at www.cpgltc.org. For facility username and password assistance, contact help@cpgltc.org.

Newsletters for Administrators -- FREE CE/Contact Hours for LTC Staff and Improve Your Quality Measures

LTC staff can **earn up to 42 CE/Contact hours** at www.cpgltc.org. The CMS Region IV Quality Improvement Initiative is offering FREE training materials through this 6-state CMS CMP Grant.

Free for Nurses!

• 20 CE Exams with 1-3 contact hours each – 42 total contact hours!

Free for Social Workers!

15 CE Exams with 1-3 CE credits – up to 29 total contact hours!

Free for Registered Dietitian Nutritionists (RDN) and Nutrition and Dietetics Technicians, Registered (NDTR)

• 14 CE Exams with 1-3 CE credits – up to 20.5 total contact hours!

Free for ALL Staff

- CPG Implementation Series (Heart Failure, Pain Management, Urinary Incontinence) with accompanying training resources including narrated PowerPoints for nurses and nurse aides
- 4-part Disease Awareness Video Series (COPD, Diabetes, Pain Management, Moderate Alzheimer's)
- Know-it-All™ Before You Call (for LTC staff) data collection tools for 70+ common health conditions
- Know-it-All™ When You're Called (for physicians and practitioners) data collection tools for 70+ common health conditions

For facility username and password assistance, contact help@cpgltc.org.

Newsletters for Activity Directors - Improve Quality Measures and earn FREE Certificates of Completion

Activities Professionals can complete 20 exams, covering top health issues effecting LTC residents. The CMS Region IV Quality Improvement Initiative is offering FREE training materials through this 6-state CMS CMP Grant. Participants can receive a Certificate of Completion for each exam, and may be able to present the exam completion document to obtain CE credits from your accrediting body.

Training materials are free and available at www.cpgltc.org. For facility username and password assistance, contact help@cpgltc.org.

Newsletters for LTC Social Workers -- Free NASW approved CE/Contact hours

Social Workers in LTC can **earn up to 29** *FREE* CE/Contact hours at www.cpgltc.org. The CMS Region IV Quality Improvement Initiative offers FREE training materials through this 6-state CMS CMP Grant.

FREE for Social Workers:

- 15 CE Exams with 1-3 CE credits up to 29 contact hours approved by NASW.
- 4-part *Disease Awareness* Video Series (COPD, Diabetes, Pain Management, Moderate Alzheimer's)
- Know-it-All™ Before You Call (for LTC staff) data collection tools for 70+ common health conditions
- Know-it-All™ When You're Called (for physicians and practitioners) data collection tools for 70+ common health conditions

As a key provider on the care team, you can receive enhanced knowledge about the 70+ health topics most common in LTC residents and enrich your role in the facility. Training and CEs are FREE and now available at www.cpgltc.org. For facility username and password assistance, contact help@cpgltc.org.

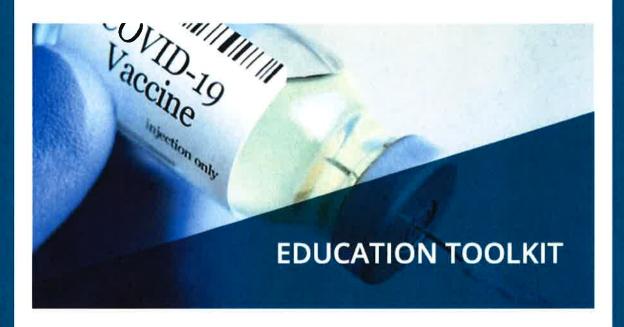
Mailchimp Campaigns

Centers for Medicare & Medicaid Services Region IV Long Term Care Quality Improvement Initiative



To use the resources mentioned below see the "How to Access Resources" section at the end of this email.

AMDA RELEASES FREE COVID-19 VACCINE EDUCATION TOOLKIT FOR LTC



The Society for Post-Acute and Long-Term Care (PALTC) Medicine released a COVID-19 Vaccine Education Toolkit. It is free for both members and non-members. Users must register for access.

Please email Ellen Mullally at PALTC if you have any questions.

COVID-19 Vaccine Education Toolkit >

Additional No-cost LTC Resources

Now, more than ever, it is critical for LTC personnel to be as up-to-date as possible on their healthcare knowledge and skills. The CMS Region IV LTC Quality Improvement Initiative includes **FREE** training resources to LTC direct care and professional staff to help:

- Identify changes in resident health conditions
- Communicate changes to physicians in an effective, concise manner to help expedite diagnosis and/or treatment recommendations
- Improve quality of care to residents
- Obtain NO-COST educational resources that can lead to improved health care delivery, including Powerpoint and video tools.



Disease Awareness Series
Recognizing Moderate Alzheimer's Disease
Diabetes in the LTC Setting
Pain Awareness
COPD Awareness



CPG Implementation Series

Narrated training videos with PowerPoint support.

Heart Failure

Pain Management

Urinary Incontinence



Earn CE Credits

Nurses: up to 42 CE credits

Social Workers: up to 29 CE credits

Dietitians/Nutritionists: up to 4 CE credits

Certificates of Completion for all LTC staff

How to Access Resources

Member facilities have been provided with a facility specific username and password. If you cannot locate your password contact help@cpgtlc.org to have one reissued. Upon login, website users can access:

- CE Exams for contact hours and/orCertificates of Completion
- 20 Clinical Practice Guidelines
- Know-It-All ™ Series
- CPG Implementation Series, videosupport and manuals

EXPLORE CPGLTC.ORG

CMS Region IV LTC Quality Improvement Initiative is a collaboration between:

CMS Region IV State Survey Agencies University of Louisville Kent School of Social Work

CMS Region IV Partner States: Alabama, Florida, Georgia, Kentucky, Mississippi, South Carolina

Materials were produced pursuant to the Long Term Care (LTC) Quality Improvement Initiative/ AMDA Clinical Practice

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Centers for Medicare & Medicaid Services Region IV Long Term Care Quality Improvement Initiative



To use the resources mentioned below see the "How to Access Resources" section at the end of this email.

INCREASE YOUR KNOWLEDGE AND IMPROVE THE CARE OF RESIDENTS WITH PARKINSON'S DISEASE

Earn FREE CE/CPE hours through the CMS Region IV LTC Quality Improvement Initiative



Parkinson's disease is the second most common neurodegenerative disease with an estimated annual incidence of 160 per 100,000 for those over 65 years of age and a lifetime risk of 2.0% and 1.3% for men and women respectively.

(Overall and Disease-Related Mortality in Parkinson's Disease – a Longitudinal Cohort Study. Hoogland, Jeroena; Post, Bartb; de Bie, Rob M.A.; Journal of Parkinson's Disease, vol 9, no. 4, pp. 767-774, 2019. DOI: 10.3233/JPD-191652)



Earn FREE CE/CPE hours by completing the Parkinson's Disease exam for nurses, social workers, and dietitians/nutritionists.

Nurses: 2.0 CE credits

Social Workers: 2.0 CE credits

Dietitians/Nutritionists: 1.5 CPE credits

Certificates of Completion for all LTC staff!

Additional FREE Training Resources for LTC Direct Care and Professional Staff to Help:

- Identify changes in resident health conditions
- Communicate changes to physicians in an effective, concise manner to help expedite diagnosis and/or treatment recommendations
- Improve quality of care to residents

Obtain NO-COST educational resources that can lead to improved health care delivery, including Power Point and video tools.

Clinical Practice Guidelines that focus on 20 common medical

CPG Implementation Series for Heart Failure Prevention, Pain Management and Urinary Tract conditions and clinical concerns in today's long term care environment. Infections. Resources include narrated presentations.

How to Access Resources

Member facilities have been provided with a facility specific username and password. If you cannot locate your password contact help@cpgtlc.org to have one reissued. Upon login, website users can access:

- CE Exams for contact hours and/or Certificates of Completion
- 20 Clinical Practice Guidelines
- Know-It-All ™ Series
- CPG Implementation Series, video support and manuals

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From: Betty Shiels and the LTC Quality Improvement Initiative Team

betty.shiels@cpgltc.org>

Sent: Tuesday, March 31, 2020 4:21 PM

To: Jester, Diana S < diana.jester@louisville.edu> Subject: [Test] COVID-19 Resources for LTC

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"Test for Betty" — Diana Jester

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Centers for Medicare & Medicaid Services Region IV Long Term Care Quality Improvement Initiative

Resource 🕌 Center



Critical COVID-19 Resources Available for LTC



AMDA Resource Website

These FREE resources include:

- Podcasts and Webinars on topics including Infection Control and Mitigating Emotional **Impact**
- AMDA Guidance & Resources and daily AMDA update emails
- **CDC Updates**
- CMS Updates
- Other Resources

More about AMDA Resources >

Additional No-cost LTC Resources

Now, more than ever, it is critical for LTC personnel to be as up-to-date as possible on their healthcare knowledge and skills. The CMS Region IV LTC Quality Improvement Initiative includes **FREE** training resources to LTC direct care and professional staff to help:

- Identify changes in resident health conditions
- Communicate changes to physicians in an effective, concise manner to help expedite diagnosis and/or treatment recommendations
- Improve quality of care to residents
- Obtain NO-COST educational resources that can lead to improved health care delivery, including Powerpoint and video tools.



Disease Awareness Series Recognizing Moderate Alzheimer's Disease Diabetes in the LTC Setting Pain Awareness COPD Awareness



CPG Implementation Series

Narrated training videos with PowerPoint support.

Heart Failure

Pain Management

Urinary Incontinence



Earn CE Credits

Nurses: up to 42 CE credits

Social Workers: up to 29 CE credits

Dietitians/Nutritionists: up to 20.5 CE credits

Certificates of Completion for all LTC staff

How to Access Resources

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Resource 😽 Center



Keep Your Staff Skills up to Date



No-cost LTC Resources

The CMS Region IV LTC Quality Improvement Initiative includes FREE training resources to LTC direct care and professional staff to help:

- · Improve quality of care to residents
- Identify changes in resident health conditions
- Communicate changes to physicians in an effective, concise manner to help expedite diagnosis and/or treatment recommendations
- Obtain NO-COST educational resources that can lead to improved health care delivery, including Powerpoint and video tools.

Earn CE Credits

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Disease Awareness Series
Recognizing Moderate Alzheimer's Disease
Diabetes in the LTC Setting
Pain Awareness
COPD Awareness



CPG Implementation Series

Narrated training videos with PowerPoint support.

Heart Failure

Pain Management

Urinary Incontinence



AMDA Clinical Practice Guidelines and Know-It-All™ Series

20 detailed clinical practice guides

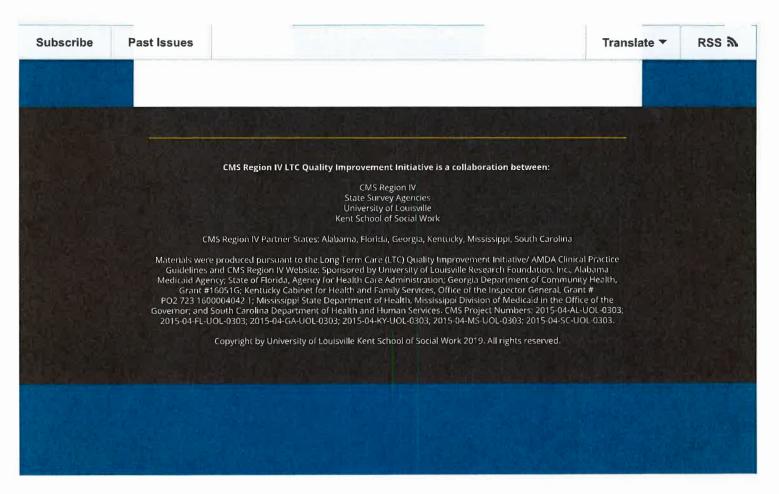
Know-It-All™ Before You Call diagnosing system for nurses

Know-It-All™ When You're Called diagnosing system for physicians and nurse practitioners

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For Nurses, Social Workers, and Dietitians/Nutritionists. Certificates of Completion for other staff.

The CMP grant that has funded this Quality Improvement Initiative is ending. Starting January 1, 2021, the password-protected website will no longer be accessible.

All Clinical Practical Guidelines (CPGs) and other resources will be taken down and the CE program will end. Thank you for participating in this initiative.

Take advantage of these resources, especially the FREE Continuing Education Credits through December 31, 2020.

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For Nurses, Social Workers, and Dietitians/Nutritionists. Certificates of Completion for other staff.

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From: Betty Shiels and the CMS Quality Improvement Initiative Team

<betty.shiels@cpgltc.org>

Sent: Monday, December 7, 2020 7:59 AM

To: Jester, Diana S.

Subject: 24 Days Left to Receive Free CE/CPEs

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From: Betty Shiels and the CMS Quality Improvement Initiative Team

betty.shiels@cpgltc.org>

Sent: Monday, December 14, 2020 8:00 AM

To: Jester, Diana S.

Subject: 17 Days Left to Receive Free CE/CPEs

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Dietitians/Nutritionists: up to 4 CE credits





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From:

Batty Shiels and the CMS Quality Improvement Initiative Team

<betty.shiels@cpgltc.org>

Sent:

Monday, December 21, 2020 8:00 AM

To:

Jester. Diana S.

Subject:

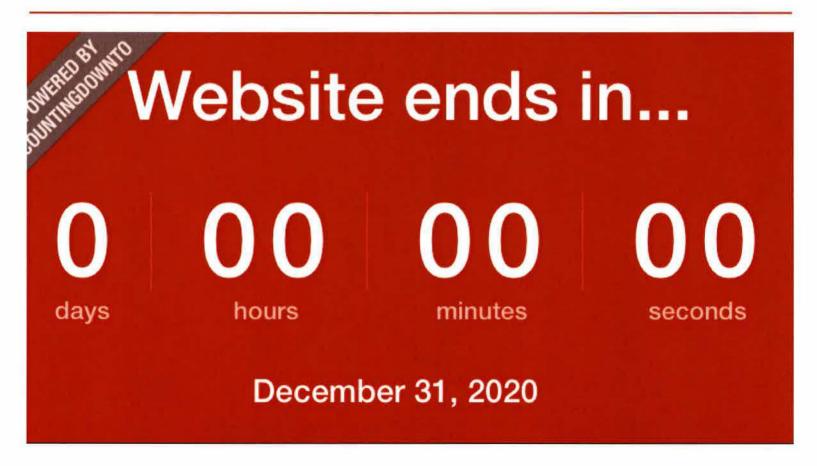
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Social Workers: up to 29 CE credits

Dietitians/Nutritionists: up to 4 CE credits





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From:

Betty Shiels and the CMS Quality Improvement Initiative Team

<betty.shiels@cpgltc.org>

Sent:

Monday, December 28, 2020 8:00 AM

To:

Jester, Diana S.

Subject:

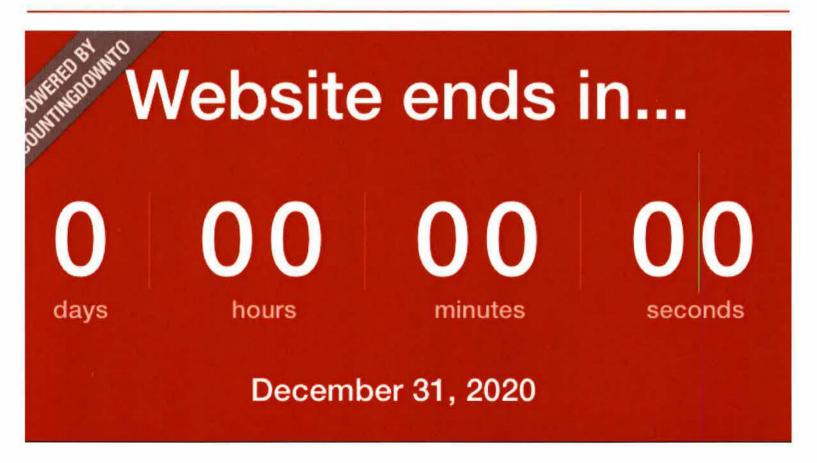
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Last chance to Obtain Free CE/CPEs

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