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Home & Community-Based Characteristics: Home-Like Environment & Community Integration for Medicaid Recipients in Assisted Living Facilities & Adult Family Care Homes

October 10, 2013



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Florida Medicaid

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#### June

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# **Today's Presenters**

• Eunice Medina

Department of Elder Affairs



# Centers for Medicare and Medicaid Services Proposed Rule

- Requires providers that serve Medicaid recipients in the community maintain home and community-based characteristics, which includes person-centered services and a home-like environment
- Proposed rule [CMS-2249-P2] published in Federal Register 5/3/2012
- Online at <u>http://federalregister.gov/a/2012-10385</u> and on <u>FDsys.gov</u>



### **Programs Affected**

- All Medicaid waiver programs providing services in Assisted Living Facilities (ALFs) and Adult Family Care Homes (AFCHs) are expected to provide a home-like environment and community integration to the fullest extent possible:
  - Nursing Home Diversion Waiver
  - Assisted Living Waiver
  - Channeling Waiver (Facility-based Respite)
  - Aged/Disabled Adult Waiver (Facility-based Respite)
  - Statewide Medicaid Managed Care Long-Term Care Waiver
  - Any other Medicaid waiver program that offers services in ALFs or AFCHs.



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### Medicaid Home and Community-Based Services Waivers

- Provide funding for services for Medicaid eligible people with qualifying disabilities who want to live at home or in the community
- Purpose: Allow state Medicaid programs to cover services traditionally viewed as "long-term care" and provide them in a community setting to individuals instead of nursing home or institutions



# Medicaid Home and Community-Based Services Waivers Eligibility

- Recipients must:
  - Meet institutional level of care
  - Meet Medicaid Institutional Care Program (ICP) income and asset limits
  - Satisfy any additional impairment criteria
  - Accept waiver services in lieu of institutional placement



# Defining Characteristics of a Home-Like Environment

- Each resident must be assured privacy in sleeping and personal living areas:
  - Entrance doors must have locks, with appropriate staff having keys to the doors
  - Freedom to furnish and/or decorate sleeping or personal living areas
  - Choice of private or semi-private rooms
  - Choice of roommate for semi-private rooms
  - Access to telephone service as well as length of use
  - Freedom to engage in private communications at any time



# Defining Characteristics of a Home-Like Environment, continued

- Freedom to control daily schedule and activities (physical and mental conditions permitting)
- Visitation options of the resident's choosing
- Access to food and preparation areas in the facility at any time (physical and mental conditions permitting)
- Personal sleeping schedule
- Participation in facility and community activities of the resident's choice
- Ensuring that residents are allowed to participate in unscheduled activities of their choosing



# **Community Integration**

- Access to the greater community is facilitated by the ALF or AFCH based on the resident's abilities, needs and preferences
- The ALF or AFCH setting must offer meaningful community participation opportunities for their residents at times, frequencies and with persons of their choosing
  - **Example:** The resident wishes to visit the senior center to participate in social activities
  - **Barrier:** The resident does not have access to transportation
  - Intervention: The case manager works with the ALF or AFCH to ensure that transportation, such as Dial-a-Ride, is available to transport the resident to and from the senior center and to ensure that the resident is dressed and
     ready to depart



### **Person-Centered Care Planning**

- The basis of a successful home and community-based setting is the creation of a individualized and inclusive personcentered plan of care that addresses services, supports, and goals based on the resident's preferences
- The person-centered plan of care is based on a comprehensive assessment that includes the resident and participation by any other individuals chosen by the resident
- The plan of care must support the resident's needs in the most integrated community setting possible
- The waiver recipient's plan of care must include personal preferences, choices, and goals to achieve personal outcomes



### **Personal Goals**

- Examples of personal goals a resident may choose:
  - Deciding where and with whom to live
  - Making decisions regarding supports and services
  - Choosing which activities are important
  - Maintaining relationships with family and friends
  - Deciding how to spend each day



### Promoting Home and Community-Based Characteristics

- The state will ensure the promotion of home and communitybased settings and community integration through:
  - Individualized person-centered care planning
  - Goal planning activities
  - Promotion of a home-like environment in ALFs and AFCHs.



### Promoting a Home-Like Environment New State Processes

- To ensure that ALFs/AFCHs serving Medicaid recipients maintain a home-like environment and provide community integration, the state has implemented the following new processes:
  - DOEA has modified contracts with all Diversion Plans (Managed Care Organizations and Other Qualified Providers) requiring:
    - amended subcontracts with ALFs by early May 2013
    - MCO/OQP review for these characteristics during credentialing and re-credentialing of ALF providers
  - All ALFs participating in the Assisted Living, or other waivers utilizing ALFs, must have signed amended referral agreements and complied with the characteristics of a home-like environment and community integration by June 2013.
  - (on next slide)



### Promoting a Home-Like Environment (New State Processes Continued)

- All ALFs/AFCHs participating in Long-term Care Managed Care must meet these requirements before go-live (before the first date of enrollment in region).
- State staff are currently conducting on-site reviews of ALFs/AFCHs to ensure a home-like environment by Region.



# **Recipient Enrollment Schedule**

Region	Counties	Plan Readiness Deadline	Enrollment Effective Date	Estimated Eligible Population
7	Brevard, Orange, Osceola and Seminole	1-May-13	1-Aug-13	Region 1: <u>9,338</u>
8 & 9	Charlotte, Collier, DeSoto, Glades, Hendry, Lee and Sarasota, Indian River, Martin, Okeechobee, Palm Beach and St. Lucie	1-Jun-13	1-Sep-13	Region 8: 5,596; Region 9: 7,854: <u>Total = 13,450</u>
2 & 10	Escambia, Okaloosa, Santa Rosa and Walton, Bay, Calhoun, Franklin, Gadsden, Gulf, Holmes, Jackson, Jefferson, Leon, Liberty, Madison, Taylor, Wakulla and Washington, Broward	1-Aug-13	1-Nov-13	Region 2, 4,058; Region 10, 7,877; <u>Total = 11,935</u>
11	Miami-Dade and Monroe	1-Sep-13	1-Dec-13	Region 11: <u>17,257</u>
5&6	Pasco, Pinellas, Hardee, Highlands, Hillsborough, Manatee and Polk	1-Nov-13	1-Feb-14	Region 5, 9,963; Region 6, 9,575: <u>Total = 19,538</u>
3&4	Alachua, Bradford, Citrus, Columbia, Dixie, Gilchrist, Hamilton, Hernando, Lafayette, Lake, Levy, Marion, Putnam, Sumter, Suwannee Union, Baker, Clay, Duval, Flagler, Nassau, St. Johns and Volusia	1-Dec-13	1-Mar-14	Region 3: 6,911; Region 4: 9,087: <u>Total = 15,990</u>



### **Credentialing and Re-Credentialing**

- Managed Care Organizations are required to:
  - Verify during the credentialing and re-credentialing process that home-like environment and community integration exist in facilities they intend to contract with as well as in existing network ALFs/AFCHs



## Remediation

- If at any point a managed care organization discovers that an ALF/AFCH is not maintaining a home-like environment or supporting full community integration, they must:
  - Report that finding to the state contract manager immediately
  - Propose a remediation within three business days of discovery
- When the transition to the Long-Term Care Medicaid Managed Care waiver is completed, AHCA and DOEA will provide oversight of the monitoring process to ensure the MCOs will contract only with ALFs/AFCHs providing and supporting a home-like environment and community integration.



## Language for Subcontracts and Referral Agreements

- Waiver providers will insert the following language into each subcontract or referral agreement with ALFs/AFCHs:
  - Assisted living facilities will support the enrollee's community inclusion and integration by working with the managed care organization's case manager and enrollee to facilitate the enrollee's personal goals and community activities.
  - Additionally, waiver enrollees residing in assisted living facilities must be offered services with the following options unless medical, physical, or cognitive impairments restrict or limit exercise of these options.



# Language for Subcontracts and Referral Agreements (Continued)

- Choice of:
  - Private or semi-private rooms;
  - Roommate for semi-private rooms;
  - Locking door to living unit;
  - Access to telephone and length of use;
  - Eating schedule; and
  - Participation in facility and community activities.
- Ability to have:
  - Unlimited visitation; and
  - Snacks as desired.
- Ability to:
  - Prepare snacks as desired; and
  - Maintain personal sleeping schedule.



# Monitoring Activities by the State Ongoing State Processes

- Care Plan Development and Goal Planning:
  - Monitoring of resident case files by Quality Assurance team members
  - Review of Community Integration Goal Planning Documentation
- Modification of Referral Agreements:
  - Annual desk review of referral agreements or MCO subcontracts for inclusion of home-like environment and community integration language
- Credentialing and Re-Credentialing:
  - Review of monthly provider network reports and MCO credentialing files
- On-site review of ALFs and AFCHs



# Resources

#### LTC Plan Contact: Provider Networks

American ElderCare	Brenda Evans 561-496-4440 <u>bevans@americaneldercare.com</u>
Amerigroup	Victoria McMath 800-950-7679 ext 77429 <u>Victoria.McMath@amerigroup.com</u>
Coventry	Mariangeli Cataluna 305-222-3012 <u>mxcataluna@cvty.com</u>
Humana	Grace Rodriguez 888-234-6401 grodriguez@ilshealth.com
Molina Healthcare	Lisa Schwendel Phone: 1-888-562-5442, ext. 223594 Email: <u>lisa.schwendel@molinahealthcare.com</u>
Sunshine State Heath Plan	Susan McCurry, Manager, Provider Relations 866-769-1158, ext 41344 <u>smccurry@centene.com</u>
United Healthcare	George Rodriguez 407-659-7029 Primary email: <u>Fl_ltc_network@uhc.com</u> Secondary email: <u>george_rodriguez@uhc.com</u>



# Resources

- Questions can be emailed to: <u>FLMedicaidManagedCare@ahca.</u> <u>myflorida.com</u>
- Updates about the Statewide Medicaid Managed Care program are posted at: <u>http://ahca.myflorida.com/Medicaid</u>

/statewide\_mc

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# **Additional Information**

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# QUESTIONS?

