# Gold Seal Staff Analysis for SUNNYSIDE NURSING HOME

Backgrou	und Inf	<u>o</u>				
NH Name	SUNNY	SIDE NURSING HON	ИE		Nominator Name	Steve Bahmer
NH Addr	5201 Ba	hia Vista Street			Nominator Addr	1812 Riggins Road, Suite 1
NH City	Sarasota				Nominator City	Tallahassee
NH Zip	34232-				Nominator Zip	32308-
NH Voice	(941) 37	1-2729			Nominator Voice	(850) 671-3700
NH Fax					Nominator Fax	(850) 671-3790
NH eM					Nominator eM	
NH Web	www.sur	nnysidevillage.org			Nominator Web	www.LeadingAgeSoutheast.org
NH AO		8				
PermID	8581	4				
Application	Received	2024-09-13			Nomination Receive	ved 2024-09-13
Staff Rev	iew					
		Date Completed	Pass			Comment
Record Revi	ew	2024-10-15	$\checkmark$			side Properties of Sarasota, Inc. This is a 60-
		by J. Williams		and is a Medicare/Me, this is a 5-star fac	fedicaid provider. According to the Nursing ility.	
Quality of C	are Revie	w 2024-10-15	✓	The facility	is in the upper 3rd p	percentile of skilled nursing facilities in the
•		by J. Williams		region cover	ring the period of Ja	nuary 1, 2022, through June 30, 2024. This
				Code.	ts the requirements of	of Rule 59A-4.200(4), Florida Administrative
Conditional :	Review	2024-10-15	<b>✓</b>		has not received eitl	her a Class I or II deficiency nor a
Conditional		by J. Williams			license over the pas	
Financial Re	view	2024-10-15	<b>✓</b>	The facility	has met the financia	l requirements of Section 400.235, Florida
		by D. Hillman		Statutes and	Rule 59A-4.200, F	lorida Administrative Code.
Staffing Rev	iew	2024-10-01	✓			stability and turnover rate as required by
		by J. Williams		Administrati		Statutes and Rule 59A-4.200(6), Florida
			<b>V</b>	<u> </u>		
Ombudsman	Review	2024-10-08			•	r's complaint history, the facility did not have an Program verified complaints that resulted
		by M. Hart		in a citation	(s) by the Agency fo	or Health Care Administration. Therefore, the
				applicant me	eets the requirement	of Section 400.235(5)(f), Florida Statutes.
Preliminary l	Report					
		by				
m 100 m						
Facility Preseto Panel	entation	Ţ	L.J			



# Application for Nursing Home Gold Seal Award



Refer to sections 400.235, Florida Statutes and 59A-4.200, Florida Administrative Code for regulations. Attach additional pages as necessary to respond to information requested.

Note: There is a 50 page maximum limit on supplemental information included with this application for review.

\*Please do not include resident privileged and confidential and/or protected health information (PHI) which may be subject to protection under the law, including the Health Insurance Portability and Accountability Act of 1996, (HIPAA).

# Please send letter of recommendation, attachments and completed application to:

Agency for Health Care Administration Long-Term Care Unit 2727 Mahan Drive, MS 33 Tallahassee Florida 32308

Phone: (850) 412-4303 Fax: (850) 410-1512

# A. Nursing Home Information

Facility Name: Sunnyside Nursing Ho	ome		
Address: 5201 Bahia Vista Street		City: Sarasota, FL	Zip Code:34232
Telephone: (941) 371-2729	Web Site: Su	nnysideVillage.org	
Facility Licensee Name: Sunnyside P	roperties of Saras	ota, Inc.	
acility Contact Person for Gold S	Seal Informatio	n	
Name: Alexandra Maliwacki		Title: Chief Operating Off	icer
Telephone: (941) 371-2729 Ext. 322		E-mail: AMaliwacki@su	nnysidevillage.org
. Recommending Person or Organi	zation - Section	400.235(6), Florida Statu	tes
Name: Steve Bahmer			
Profession/Type of Organization: P	resident/CEO of L	eadingAge Southeast	

C. Financial Soundness and Stability – Section 400.235(5)(b), Florida Statutes and Rule 59A-4.200(5), F.A.C. Attach evidence of financial soundness and stability in accordance with the protocol contained in agency rule 59A-4.200(5), F.A.C.

# D. Regulatory History will be verified- Section 400.235(7), F.S.

Has the facility been licensed and operating for the past 30 months?  $\square$  Yes  $\square$  No Date the current licensee became licensed to operate this facility. License effective 3/15/1977

E. Consumer Satisfaction – Section 400.235 (5)(c), Florida Statutes and Rule 59A-4.200(2)(a)4.a., F.A.C. Attach evidence, within the 30 months preceding this application, demonstrating consumer satisfaction in your facility and demonstrate that information is elicited from residents, family members, and guidance in accordance with this section of the Florida Statutes.

F. Community / Family Involvement - Section 400.235(5)(d), F.S. and Rule 59A	
Describe or attach evidence of the regular involvement of families and members	of the community in the
facility for the period of 30 months preceding this application.	
See attached.	
G. Stable Workforce - Section 400.235(5)(e), Florida Statutes and Rule 59A-4.2	200(6) F.A.C.
Provide information demonstrating the facility's effort to maintain a stable v	
turnover of licensed nurses and certified nursing assistants.	volume and to reduce
Attach evidence of meeting at least one of the following:	
☐ A turnover rate no greater than 50 percent for the most recent 12 month per	iod ending on the last
workday of the most recent calendar quarter prior to submission of an application computed in accordance with Rule 59A-4.200(6)(a)1., F.A.C.); or	
A stability rate to include that at least 50 percent of its staff have been employed.	oved at the facility for at leas
one year (stability rate will be computed in accordance with Rule 59A-4.200(6)(a)	
H. Target In-service - Section 400.235 (5)(g), Florida Statutes and Rule 59 Describe or attach information demonstrating how in-service training meets the internal or external quality assurance efforts for the period of 30 months preceding	training needs identified by
See attached.	
I. Best Practices	
Describe the facility's best practices and the resulting positive resident outcomes	s.
See attached.	
J. Presentation to the Governor's Panel on Excellence in Long-Term Care	
<ul> <li>✓ Our facility would like an opportunity to make a presentation to the Government</li> </ul>	nor's Panel on Excellence in
	nor sar aneron excellence in
Long-Term Care.	
Alexandra Maliwacki	9/12/2024
Signature of Person Completing Application	Date
Alexandra Maliwacki	9/12/2024
Printed Name	Date

# Williams, Jacqueline

From:

Amy <bess7675@aol.com>

Sent:

Friday, September 13, 2024 3:51 PM

To:

LTCStaff; Williams, Jacqueline

Cc:

Alexandra Maliwacki

Subject:

Sunnyside Nursing Home Gold Seal Application

**Attachments:** 

Gold Seal.pdf

# To Whom It May Concern:

Please accept this application on behalf of Sunnyside Health & Rehabilitation Center for the Nursing Home Gold Seal Award. If you require further information, please contact us. Thank you!

Amy Craig Director of Administrative Services Sunnyside Village

941-371-2729, X325



# SUNNYSIDE VILLAGE

5201 Bahia Vista St. Sarasota, Florida 34232 • 941-371-2750 • SunnysideVillage.org

A Christian Senior Living Community

9/13/2024

Agency for Health Care Administration Long-Term Care Unit 2727 Mahan Drive, MS 33 Tallahassee, FL 32308

alexandra Maliwachi

To Whom It May Concern:

Please accept this application on behalf of Sunnyside Health & Rehabilitation Center for the Nursing Home Gold Seal Award. If you require further information, please contact me at 941-371-2729, ext. 322.

Sincerely,

Alexandra Maliwacki Chief Operating Officer

Sunnyside Village

JASON WEIDA SECRETARY



September 19, 2024

Ms. Alexandra E. Maliwacki Administrator Sunnyside Nursing Home 5201 Bahia Vista Street Sarasota. FL 34232 File Number: 85814

**License Number:** 1535096 **Provider Type:** Nursing Home

Dear Ms. Maliwacki,

This letter is to acknowledge receipt of your application for the Gold Seal license. After review, it was found to be incomplete. Applicants receive only **one** letter describing the errors or omissions that must be addressed to deem the application complete.

# **Section E. - Consumer Satisfaction**

According to the Florida Statutes, section 400.235(5)(c), Gold Seal Award applicants are required to meet the criteria of participating in a consumer satisfaction process, and demonstrate that information is elicited from <u>residents</u>, <u>family members</u>, <u>and guardians</u> about satisfaction with the nursing facility, its environment, the services and care provided, the staff's skills and interactions with residents, attention to residents' needs, and the facility's efforts to act on information gathered from the consumer satisfaction measures.

Please forward evidence, within the <u>30 months preceding your application</u>, demonstrating consumer satisfaction in your facility and demonstrate how that information is elicited from **residents and family members**. Please attach copies of your survey form/questions and your survey findings for the **prior 30 months for residents and family members**. Also, you indicated the number of surveys received, please also include the number of surveys that were sent out for completion.

# Section G. - Stable Workforce

An applicant for the Gold Seal award must meet the turnover rate or stability rate pursuant to Section 400.235, F.S. and Rule 59A-4.200, Florida Administrative Code. To evaluate these criteria, please provide staffing to resident ratios, staff turnover, and staff stability for the last ten quarters (30 months) in the attached staffing document. Please provide numbers and not percentages on the first page of the form. The computations will be completed by Agency staff.



Ms. Alexandra E. Maliwacki September 19, 2024 Page 2

Please forward all responses via email no later than <u>September 30, 2024</u>. If you have questions, please contact me via email at Jacqueline.Williams@ahca.myflorida.com or by phone at (850) 412-4437.

Sincerely,

# **Jacquie Williams**

Jacquie Williams
Operations and Management Consultant Manager
Long-Term Care Services Unit

Attachment

# Williams, Jacqueline

From: Williams, Jacqueline

**Sent:** Thursday, September 19, 2024 3:53 PM **To:** AMaliwacki@sunnysidevillage.org

**Subject:** Gold Seal Award Application Review - Sunnyside Nursing Home - (File#: 85814) **Attachments:** Gold Seal Omit -Sunnyside Nursing Home 2024.pdf; Gold Seal Staffing Form -

September 2024.pdf

# Good Afternoon Ms. Maliwacki,

In an effort to streamline the Gold Seal Award application process, we are sending your application omission letter by email. Therefore, if you would forward the requested information, it will give staff ample time to complete the review for your facility.

# Attached are the following:

- Application omission letter
- Staffing Form

If you have any questions, please contact me at the telephone number listed below.

# **Jacquie Williams** - OPERATIONS & MGMT CONSULTANT MGR - SES



Bldg 2 Rm C-18 - LONG TERM CARE SERVICES UNIT 2727 MAHAN DR, MAILSTOP 33, TALLAHASSEE, FL 32308 850-412-4437 (Office) REPORT MEDICAID FRAUD
Online or 866-966-7226
REPORTE FRAUDE DE MEDICAID

Jacqueline.Williams@ahca.myflorida.com

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# Williams, Jacqueline

From:

Amy <bess7675@aol.com>

Sent:

Monday, September 30, 2024 2:05 PM

To:

Williams, Jacqueline

Cc:

Alexandra Maliwacki; Amy Craig

Subject:

Sunnyside Nursing Home Gold Seal Application

**Attachments:** 

Gold Seal Staffing Form - September 2024 (003).pdf

Hi Jacqueline - Attached you will find the updated Gold Seal Application.

Section E: Page 120 has been updated and page 121 and 122 added.

Section G: Page 138 and 139 have been added

Thank you again for your consideration,

Amy Craig for Alexandra Maliwacki, COO Sunnyside Health & Rehabilitation Center

STAFFING REPORT FOR

SNF LICENSE #

Year	Quarter	Employed CNAs	Employed Licensed Nurses	CNAs Employed for 1 Year	Licensed Nurses Employed for 1 Year	CNAs Resigned or Terminated	Licensed Nurses Resigned or Terminated
2022	1st (January 1, 2022 – March 31, 2022)	49	20 (2)	27	15	ω	1
2022	2 <sup>nd</sup> (April 1, 2022 – June 30, 2022)	53	27	27	19 · V	80	2
2022	3rd (July 1, 2022 – September 30, 2022)	57	31	25	多 61	O	2
2022	4 <sup>th</sup> (October 1, 2022 – December 31, 2022)	51	28 🔨 25	25	19	2	iv.
2023	1st (January 1, 2023 – March 31, 2023)	50	34	30	45 F	ო	8
2023	2 <sup>nd</sup> (April 1, 2023 - June 30, 2023)	59	37 0/10	33	18	13	7 20
2023	3 <sup>rd</sup> (July 1, 2023 – September 30, 2023)	56	38	47	31	80	2 (0
2023	4 <sup>th</sup> (October 1, 2023 – December 31, 2023)	53	42	41	29 ND	80	5 5
2024	1 <sup>st</sup> *January 1, 2024 – March 31, 2024	57	37 %	42	27	2	3
2024	2 <sup>nd</sup> (April 1, 2024 – June 30, 2024)	48	40	34	24 58	7	3

Stable Workforce Review: Section 400.235(5)(e), F.S. and 59A-4.200 (6), Florida Administrative Code

- 6(a) An applicant for Gold Seal Award must meet at least one of the following to demonstrate a stable workforce:
- Have a turnover rate no greater than 50 percent for the most recent 12 month period ending on the last workday of the most recent calendar assistants (CNAs) and licensed nurses during the quarter divided by the number of CNAs and licensed nurses employed at the end of the quarter prior to submission of an application. The turnover rate is the total number of terminations or resignations of certified nursing quarter, or
- Have a stability rate indicating that at least 50 percent of its staff have been employed at the facility for at least one year. The stability rate is the total number of CNAs and licensed nurses that have been employed for more than 12 months, divided by the total number of CNAs and licensed nurses employed at the end of the quarter. ĸi

(Please also note pursuant to 59A-4.200, F.A.C., each applicant for Gold Seal Award must submit evidence of an effective recruitment and retention program.)

# STAFFING REPORT FOR

# (AGENCY USE ONLY)

# Stability Rate

1st Quarter (2022): 100, 816%

1st Quarter (2022): 3.04%

**Turnover Rate** 

2<sup>nd</sup> Quarter (2022): 12,50% 8.4 % 3rd Quarter (2022):

4th Quarter (2022):

1st Quarter (2023): 1071%

2nd Quarter (2023): 20.83%

3rd Quarter (2023): 10.163 %

4th Quarter (2023): 15.78% 1st Quarter (2024): \_

2nd Quarter (2024): 11.3lb 9

2nd Quarter (2022): 57.50 % 3rd Quarter (2022): 50.00 % 4th Quarter (2022): 55.19 % 1st Quarter (2023): 58.33 % 2nd Quarter (2023): 53.12.9% 3rd Quarter (2023): 82,97%

1st Quarter (2024): 73.40% 2nd Quarter (2024); 65.90%

4th Quarter (2023): 13, 108 9%

Rating Time Period: January 2022 through June 2024 Last Updated: August 2024

10/9/24, 3:41 PM

Nursing Home Guide Inspection Ratings SUNNYSIDE NURSING HOME

		Dignity	* * * *
ents		Decline Dignity	****
Inspection Components	Pressure	Ulcers	* * *
Inspection	Restraints &	Abuse	* * * *
	Nutrition &	Hydration	* * * *
		Administration Hydration Abuse	***
Inspection	Quality Quality	of Care of Life	女女女女女 女女女女女 女女女女女
Insp	Quality	of Care	* * *
	Overall	County Inspection	* * *
		County	Sarasota ****
		Region	SUNNYSIDE SARASOTA Region 8  VURSING Sarasota/Ft.  HOME Myers
		City	SARASOTA
		Facility	SUNNYSIDE NURSING HOME





JASON WEIDA SECRETARY

DATE:

October 8, 2024

TO:

Brian O. Smith, Long Term Care Services Unit Manager

FROM:

Michelle Hart, Complaint and Incident Management Unit Manager

SUBJECT:

Gold Seal Complaint Review - March 15, 2022 through September 15, 2024

# SUNNYSIDE NURSING HOME

Based on a review of the facility's complaint history, the above listed facility did not have any Long-Term Care Ombudsman Program-verified complaints that resulted in citations by the Agency for Health Care Administration.

The applicant meets the requirement of Section 400.235(5)(f), Florida Statutes.







# INTEROFFICE MEMORANDUM

**DATE:** September 16, 2024

**TO:** Jacqueline Williams

FROM: Derron Hillman

**CC:** Bernard Hudson

**SUBJECT:** Gold Seal Financial Review: Approval

Licensee: Sunnyside Nursing Home Facility: Sunnyside Nursing Home

<u>Conclusion</u>: The applicant meets the financial requirements of Section 400.235, Florida Statutes and Rule 59A-4.200, Florida Administrative Code.

<u>Analysis</u>: I have reviewed the financial requirements of the Gold Seal application for the license holder in accordance with Rule 59A-4.200, Florida Administrative Code.

Rule 59A-4.200, Florida Administrative Code, specifies that each licensee must meet at least two of the three financial soundness and stability thresholds for at least two of three years of the statements, to include the most recently submitted. Otherwise, its facility cannot be recommended for the Gold Seal Award except as described in Rule 59A-4.200, Florida Administrative Code. The financial stability thresholds are as follows:

- A positive current ratio of at least 1.0
- A positive tangible net worth
- A times interest earned ratio of at least 1.15

Based on the review conducted, I believe the applicant meets the financial requirements of Section 400.235, Florida Statutes and Rule 59A-4.200, Florida Administrative Code.



# Attachment B Letters of Recommendation



Florida | Alabama | Louisiana | Mississippi

September 4, 2024

Mr. Bernard Hudson Agency for Health Care Administration 2727 Mahan Drive, Mail stop # 33 Tallahassee, FL 32308

Dear Mr. Hudson:

On behalf of LeadingAge Southeast and the 350 providers we represent across the Gulf Coast region, I am honored to wholeheartedly endorse Sunnyside Nursing Home for the Governor's Gold Seal Award for Excellence in Long-Term Care.

LeadingAge Southeast is proud to represent the highest quality senior living providers. Indeed, the 3 nursing homes awarded the most Gold Seal designations since its inception are LeadingAge Southeast members and currently 9 of the 12 Gold Seal awardees are LeadingAge Southeast members. In addition, LeadingAge Southeast members have higher staffing, lower turnover, and better survey outcomes. Sunnyside Nursing Home is the very embodiment of that commitment to excellence in senior care.

Sunnyside Nursing Home is a part of Sunnyside Village, providing a continuum of care for seniors through their mission to serve others with honesty, kindness, humility, joyfulness, and gratefulness for over 50 years. The mission and reputation of Sunnyside are long standing in the community. The leadership continues to strive for excellence through innovative best practices and meeting consumers' changing preferences. The nursing home was recently renovated into a household-design to expand person-centered care. It truly looks and feels like home.

Sunnyside Nursing Home affords the same kindness and gratefulness of its mission not only to the older adults living in the community but to those caring for the residents. The result is a total nurse turnover level that is nearly 20% lower than the statewide average.

Sunnyside's mission is not only to provide a critical service, but also to provide that service at the highest quality. Sunnyside Nursing Home is currently achieving an overall Five-Star rating in CMS' Five-Star Quality Rating System and has maintained that rating for over a decade. This demonstrates its sustained high standards of excellence.

Sunnyside staff are leaders and strong supporters of our Association's efforts to deliver the latest education on statutory changes, regulatory updates, and quality improvement. Sunnyside's executives are active participants on a number of public policy committees and our Board of Trustees. They have served as coaches and participants in our Leadership Academy and frequently host Administrator in Training programs to encourage the development of new leaders in the senior living industry. This signals their commitment to enhancing quality care for residents. Sunnyside's leadership is generous with sharing their knowledge and resources with colleagues and partners to benefit as many nursing home residents as possible.

Sunnyside Nursing Home is an outstanding community of caregivers with a history of excellent quality and a focus on resident care that are the very illustration of the goals of the Gold Seal program. It is my pleasure to offer our full endorsement.

Sincerely,

Steve Bahmer President/CEO



September 6, 2024

Re: Sunnyside Village

To Whom It May Concern:

My research has been with Sunnyside long term care since October 2021 after having a severe swhich has left in completely personned on the left side and 100% dependent.

Whenever I walk into the facility everyone I pass by says hello with a smile. There is an air of feeling at home at Sunnyside and the staff takes great pride and care for each resident.

The facility is always immaculately clean. The food service is first class and the food always looks delicious! We have had numerous lunches with mom at Sunnyside, and to be able to enjoy a meal with her at Sunnyside vs. scheduling transportation outside is wonderful.

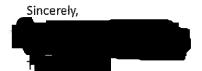
The residents are in the living room or at activities or on the outside porch enjoying fresh air. The daily activity sheet is very informative and keeps the residents inspired, busy and feeling self worth.

Sunnyside is not just a nursing facility. I visit my mom 4-5 times a week and I always feel at home.

I can't say enough about Sunnyside and how blessed my is to have the care and compassion and care and dignity she deserves.

Sunnyside is off the charts first class and goes above and beyond their quality of care on a daily basis. I feel extremely comfortable with remain the care of Sunnyside since I am working full time and cannot give her the care she needs.

Sunnyside is a blessing and deserves recognition for all they do for our community.



Myrna Bosques, MD Sunnyside Village Medical Director First physician Group

09/05/2024

Dear Members of the Governor's Gold Seal Award Committee.

I am writing this letter to strongly recommend Sunnyside Village Nursing Home for the prestigious Governor's Gold Seal Award for Excellence in Long-Term Care. As someone who has had the privilege of observing the care and attention provided by Sunnyside Village, I am confident that they embody the highest standards of long-term care, making them truly deserving of this distinguished honor.

Sunnyside Village Nursing Home consistently demonstrates an unwavering commitment to the health, safety, and overall well-being of its residents. The staff is not only exceptionally skilled but also deeply compassionate, ensuring that every resident is treated with dignity, respect, and genuine care. This level of dedication is evident in the warm, nurturing environment they cultivate, which fosters both emotional and physical well-being. Every resident is valued as an individual, and their unique needs are consistently met through personalized care plans that emphasize their comfort, autonomy, and quality of life.

One of the most notable aspects of Sunnyside Village is its focus on creating a holistic environment that goes beyond addressing the medical needs of residents. The facility offers a wide range of recreational activities, therapy options, and social engagement programs that promote mental and emotional health. By encouraging residents to remain active and engaged, Sunnyside Village ensures that they continue to experience a high quality of life. The sense of community that permeates the facility is truly remarkable and speaks to the commitment of the staff to provide a fulfilling and enriching experience for all residents.

Moreover, the leadership team at Sunnyside Village is proactive in ensuring that the facility remains at the forefront of best practices in long-term care. Their commitment to continuous improvement is reflected in their adherence to the highest regulatory standards, investment in staff training, and incorporation of the latest innovations in senior care. This commitment not only benefits the residents but also contributes to the overall excellence of the long-term care industry.

In conclusion, Sunnyside Village Nursing Home stands as a beacon of excellence in long-term care, where residents receive outstanding, individualized care in a supportive, compassionate environment. Their dedication to the well-being and dignity of each resident truly sets them apart, and it is with great enthusiasm that I recommend them for the Governor's Gold Seal Award for Excellence in Long-Term Care.

Sincerely,

Myrad Z. Bosques, MD

Family Medicine Board Certified/Geriatric Medicine Trained

Sunnyside Village Medical Director

Cel. 941-893-0599

First Physician Group 1540 S. Tamiami Trail Suite 302 Sarasota Fl, 34239 September 6, 2024

Agency for Health Care Administration Long-Term Care Unit 2727 Mahan Drive, MS 33 Tallahassee Florida 32308

Dear Gold Seal Panelists,

I am writing to endorse Sunnyside Village Health and Rehabilitation in Sarasota, Florida, as a deserving contender for the Governor's Gold Seal Award. The kindness, consistency, and family-like atmosphere demonstrated by the staff and residents at Sunnyside Village are central to their outstanding success, as reflected in their quality measures and resident interviews.

Sunnyside Village is a shining example of excellence in our area, always upholding high standards of care and services. Their commitment to creating a vibrant community goes beyond everyday interactions, significantly enriching the lives of their residents. As I interact with residents weekly, the feedback I receive about Sunnyside Village is consistently outstanding.

The facility's focus on well-being is evident in every facet of their operations, from personalized care plans to engaging recreational activities. This comprehensive approach ensures residents' optimal physical health but also supports their emotional and social vitality.

Sincerely

Dr. Rick VerHelst

Huntingdon Behavior Health

Resident of Sunnyside Village, Senior Living Community Sarasota, FL

# 9/8/2024

To whom it may concern,

I have been a resident of Sunnyside Village since when my hand and I joined the residential living community. We benefited from all they had to offer in independent living and we lived there together for byears. My and personal personal I was fortunate to be able to go right across the street to the assisted living center so that I wouldn't be alone. I was even able to stay with Sunnyside for my rehab after an injury. Shortly after that, I transitioned to long term care.

There has been consistent growth and positive change happening at Sunnyside for as long as I've been here. I remember the chapel being built in 2013. We even have our own full time chaplain team. We recently got a new wheelchair lift bus which is great for all residents. Sunnyside Village is consistent with change and improvement.

I have seen excellence in every department here. For example, the facility is always clean, the food is good, things are kept looking new and well maintained. I trust that my information is kept safe and confidential with the staff here and I feel well taken care of.

I've spent many years here and have experienced many moments of joy and gratitude. I have felt very safe here at Sunnyside. The staff have always been honest and approachable. Kindness is a way of life here. We remember our focus to honor God in the way we treat one another and the community.



\*edited by Kaitlyn Allan, Activities Assistant



September 4, 2024

# Dear Governor DeSantis.

I am writing to offer my endorsement of Sunnyside Nursing Home for the Florida Governor's Gold Seal Award. As a consultant to Sunnyside, specializing in Montessori training and development, I have had the privilege of working closely with Sunnyside Village over the past several years. I am profoundly impressed by their dedication to incorporating Montessori principles into their senior care programs, which underscores their commitment to excellence and innovation. My role affords me the opportunity to work with nursing homes across the country and internationally. Given that wide perspective, I would count the Sunnyside Nursing Home in the very top tier of exceptional cultures for both staff and residents.

Sunnyside has distinguished itself as a leader in senior living by successfully applying Montessori methodologies to create a nurturing and empowering environment for its residents and employees, alike. This innovative approach has significantly enhanced the quality of life for those in their care. The emphasis on dignity, equality and respect is unmistakable in the way residents engage with their environment and participate in meaningful activities.

The integration of Montessori principles at Sunnyside has led to notable improvements in resident satisfaction, employee retention and satisfaction and overall well-being. Residents are actively involved in their own care, which fosters a sense of independence and fulfillment that is often lacking in more traditional care settings. The positive outcomes are a testament to the effectiveness of their approach.

The staff at Sunnyside are exceptional, not only in their skill set but also in their dedication to the Montessori philosophy. They undergo continuous training and receive ongoing support to ensure they can effectively implement these principles in their interactions with residents and each other. This commitment is reflected in the high level of personalized care and attention that each resident receives.

Sunnyside Nursing Home's programs are designed with a holistic perspective, aligning closely with Montessori principles. From personalized care plans to community engagement activities and opportunities for self-expression, the programs are tailored to meet the diverse needs of residents. The continuous evaluation and refinement of these programs demonstrate the facility's commitment to maintaining high standards and enhancing resident care.

In summary, Sunnyside embodies the qualities and standards that the Governor's Gold Seal Award seeks to recognize. Their innovative use of Montessori principles and their outstanding achievements in resident care make them a deserving candidate for this honor.

Thank you for considering this recommendation. I am confident that Sunnyside represents the excellence and dedication that the Governor's Gold Seal Award aims to celebrate.

Sincerely,

Gary Johnson
Gary Johnson

Owner

Monarch Risk Management and the Center for Applied Research in Dementia

September 10, 2024

Provided via email

Re: Sunnyside Village Recommendation Letter for Nursing Home Gold Seal Award

Governor's Panel on Excellence in Long-Term Care:

I am writing on behalf of Sunnyside Village (Sunnyside) to recommend Sunnyside as worthy of being recommended by the Governor's Panel as a Gold Seal Facility. My for an apartment at Sunnyside for many years and early last year moved into the assisted living facility (Sunnyside Health & Rehabilitation Center). My for has a sunnyside extensive care. During his time at the assisted living facility, I have had the pleasure to interact with multiple Sunnyside staff. I have found the staff dedicated to serving the residents and exceptional at doing their job at all levels of support (e.g., housekeeping, nursing, social work, etc.). Sunnyside has done an amazing job creating a culture that fosters respect and compassionate care of the residents as part of providing excellent care.

Sunnyside is an outstanding facility worthy of being recognized by the Governor's Panel as a Gold Seal Facility. I recommend Sunnyside for this honor as they are truly a Gold Seal Facility with the level of care they provide.

Please contact me if you require additional information or would like to speak to me directly. My phone number is

Sincerely,

# TO WHOM IT MAY CONCERN

I am honored to write a letter of recommendation for Sunnyside Village's Health and Rehabilitation Center in support of the facility's application for the 2024 Nursing Home Gold Seal Award in Florida.

My Management has New York, is the sum of the facility since and has been living at the facility since and the facility since and CNAs, and also with the administrative staff.

Throughout the years, I have witnessed the highest levels of professionalism and ethical standards in the staff's interactions with my r, as well as a remarkable well of compassion, empathy and patience that I have not seen in any other local facility. The close relationship the staff has formed with r over the years has been especially gratifying to me, and their constant concern and great care for the have afforded me enormous peace of mind.

I have been particularly impressed by Sunnyside's low turn-over rate and its ability to maintain a stable and happy workforce. I have been present on more than one occasion when members of staff have stepped in, of their own initiative, and offered to assist other staff members with their duties. In conversation, it has not been uncommon for the CNAs to share with me that Sunnyside is the best facility at which they have worked.

I strongly believe that enriching the lives of residents at the Health and Rehabilitation Center is one of Sunnyside's top priorities. The weekly calendar is replete with recreational, social, and educational life enrichment activities, including exercise classes, music, outdoor activities, card games, bingo, trivia games, as well as Chaplain chats and shows and concerts organized by outside volunteers.

Last, but certainly not least, I commend Sunnyside in the most glowing terms for the excellent quality of their healthy, balanced and nutritious chef-prepared meals. Every meal my ris served during my visit looks – and tastes - like one served at a high-class restaurant!

I am thankful every day that my keeping is able to live at Sunnyside Health and Rehabilitation Center which is, as far as I am concerned, the best nursing home in Sarasota.

September 5, 2024

# Attachment C Financial Soundness and Stability

# Attachment E Consumer Satisfaction

Our facility is dedicated to ensuring high levels of consumer satisfaction by actively seeking and incorporating feedback from both residents and their family members and/or guardians. We use a multi-faceted approach to assess satisfaction about the nursing facility, its environment and the services and care provided, the staffs skills and interactions with residents, attention to residents' needs, to address concerns, and continually improve our services.

Post admission satisfaction surveys are completed (attached), discharge satisfaction surveys are completed (attached), google review options are offered to residents and monitored internally (attached), outpatient rehabilitation resident satisfaction surveys are completed (attached), suggestion boxes are placed around the community and monitored, and a "Kudos" program is posted in the facility for on-the-spot recognition (attached).

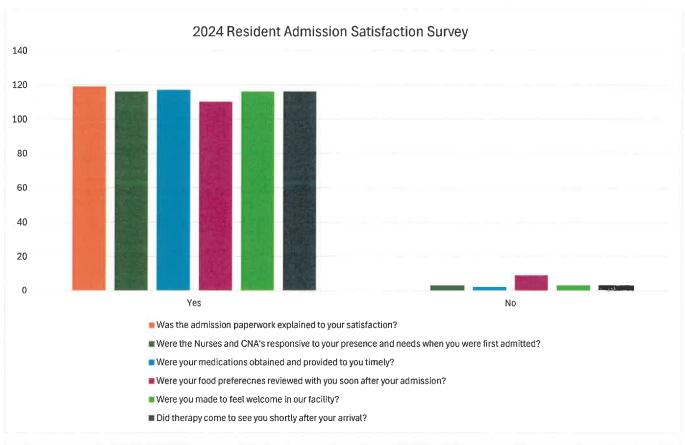
Results of each of these programs are tracked and discussed monthly in quality assurance meetings and any trending concerns are discussed in further detail to discuss potential resolutions.

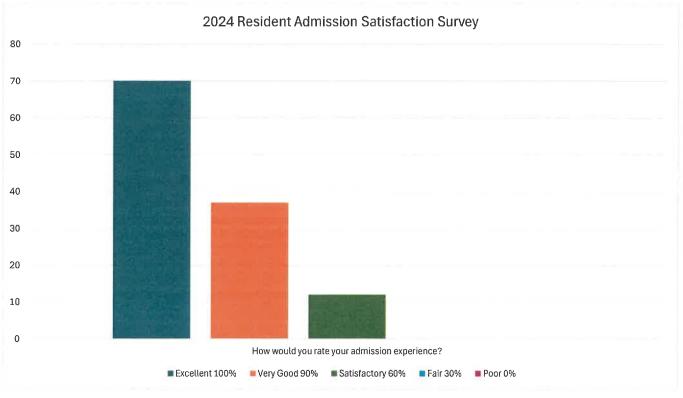
In 2024 Sunnyside has distributed 167 admission satisfaction surveys (equal to the number of admissions to the facility) to the resident or their applicable family member or guardian and 119 were returned completed (71%). In 2024 Sunnyside has distributed 158 discharge satisfaction surveys (equal to the number of discharges from the facility) to the resident or their applicable family member or guardian and 56 were returned completed (35%).

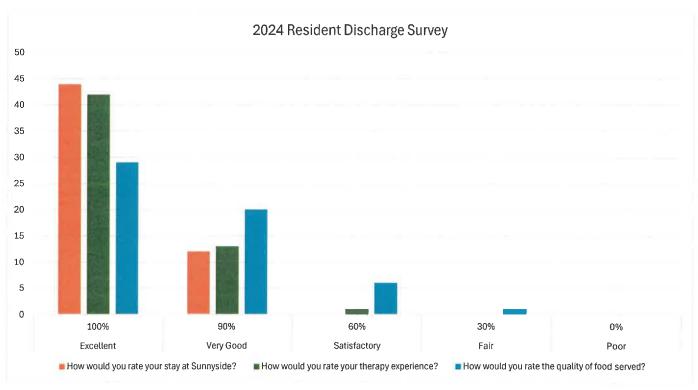
Evidence of the findings are attached followed by each of the forms used to gather the information.

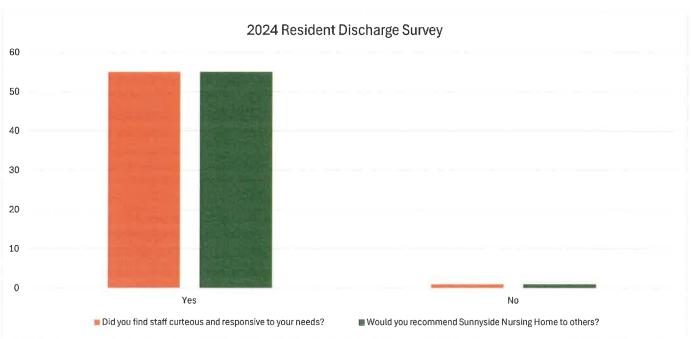
Additionally, Sunnyside participates in rotating resident satisfaction, employee satisfaction, resident engagement and resident engagement surveys through an outsources organization, *Holleran*. The most recent survey, although not within the 30-month window, completed with residents is included and Sunnyside was recognized by *Holleran* as having scores amongst the highest, known as *Highest Honors* (results attached). The most recent Staff survey, completed in 2021 yielded results in *Highest Honors* (results attached).

Sunnyside was awarded the Sarasota County Herald Tribune Reader's Choice Award for the best Nursing Home in 2023, awarded based on resident and consumer votes, supporting the high satisfaction of consumers for the Nursing Home.









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Results of each of these programs are tracked and discussed monthly in quality assurance meetings and any trending concerns are discussed in further detail to discuss potential resolutions. Scores have resulted in the 90% and above level amongst residents for both admission and discharge satisfaction categories.

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# ADMISSION SATISFACTION SURVEY

1. Was the a	mission paperwork explained to your satisfaction?
	urses and CNA's responsive to your presence and needs when you dmitted?
3. Were your	medications obtained and provided to you timely?
	food preferences reviewed with you soon after your admission? e come early the next day?
5. Were you	nade to feel welcome in our facility?
	y come to see you shortly after your arrival?e e come early the next day?
- Exc - Ver - Sat - Fail - Poo	Good sfactory
Resident Name	Admit Date: Room #:

# **RESIDENT EXIT SURVEY**

1. How would you rate your stay at Sunnyside?

	<ul> <li>Excellent</li> <li>Very Good</li> <li>Satisfactory</li> <li>Fair</li> </ul>
(	- Poor Comment:
2	. Did you find staff courteous and responsive to your needs? YES □ NO □
3	<ul> <li>How would you rate your therapy experience?</li> <li>Excellent</li> <li>Very Good</li> <li>Satisfactory</li> <li>Fair</li> <li>Poor</li> </ul>
C	comment:
	. How would you rate the quality of food served?  - Excellent - Very Good - Satisfactory - Fair - Poor
5	
<del>-</del>	
6	. Are there any staff members you would like to recognize for outstanding service?
9	
7	Are there any staff members you feel could use more mentoring/training in their approach to residents?
24	
8.	Would you recommend Sunnyside Nursing Home to others? ☐ Yes ☐ No
9.	Would you like someone from administration to contact you regarding your stay? ☐ Yes ☐ No If yes, what is your phone number?
Name: (Optio	nal) Date:



# WHAT DO YOU LOVE ABOUT SUNNYSIDE?

# PLEASE SHARE YOUR REVIEW

\*Google Account Required

# **SCAN the QR Code**

For assistance, call Matt Cohen at x378



# Sunnyside Village

A Christian Senior Living Community

941-371-2729

SunnysideVillage.org



# **OUTPATIENT EXIT SURVEY**

1.	Did you find the staff courteous and responsive to your needs?	YES	NO		
2.	Did you have any issues with scheduling your appointments?	YES	NO		
3.	Did your therapy sessions begin in a timely fashion?	YES	NO		
4.	Are you happy with your therapy outcome?	YES	NO		
5.	Rate the professionalism of the therapy staff: -Excellent -Very Good -Satisfactory -Fair -Poor				
6.	Rate the quality of your therapy services: -Excellent -Very Good -Satisfactory -Fair -Poor				
7.	How could we have made your therapy experience better?				
	Are there staff members that you would like to recognize for ourvice?	tstandir	g 		
9.	Would you recommend Sunnyside Outpatient therapy to others	? YES	NO		
	10. If you would like the Therapy Director to contact you regarding your therapy experience, please leave your name and number:				

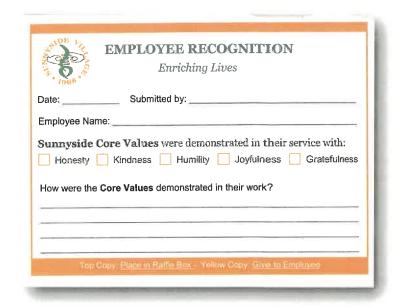


# Employee Recognition Station

If you spot an employee displaying a
Sunnyside Core Value and would like to
recognize them, please fill out a
recognition (KUDOS) card here
to brighten their day!

- Place the white copy in the box.
- Give the yellow copy to the employee or their supervisor.

Core Values: Honest, Kind, Humble, Grateful, Joyful





Salusfaution Frequencies Custom Breaknut Holleran Banchmark Percentile Color Legend 85th percentile and above 16th -84th percentile falls within typical variance) 15th percentile and below	Holleran Benchmark Percentifie  Signin  Signin
Sataraction Heat Map	2015 4.36 4.50 4.20 4.52 4.52 4.85 4.45 4.47 4.42 4.42 4.42 4.44 4.44 4.44 4.55
Settriaction Burvey Findings	
Survey Findings	2017 4.54 4.24 4.20 4.57 4.57 4.63 4.65 4.65 4.65 4.65 4.65 4.66 4.65 4.65
Respondent Internation	
	4.81 4.81 4.62 4.62 4.62 4.92 4.83 4.75 4.77 4.77 4.77 4.77 4.77 4.77 4.77
Helpfth Higgs	eu
Curut Page Community	Overali Saisifaction Administration Accessibility Adequate Resident Orientation Responsiveness to Inquiries Friendliness of Staff Direct Care Staff Responsiveness Quality of Care in Skilled Nursing Skill Level of Direct Care Staff Response to Symptom Management Notification of Medical Change Staff Understanding of Care Plan Staff and Family Collaboration Effectiveness of Rehab Staff Sknowledge of Dementia Preservation of Dignity Frocuraging independence Suitable Activities Activities Meet Interests Opportunity to Voice Concerns Upkeep to Buildings Safety/Security of Grounds Cleanliness of Community Oudir-Free Environment Quality of Food Variety of Menu Selections Salfsfaction with COVID-19 Response Communication During Pandemics Confidence in Future Pandemics

# **Results by Factor**

The first 15 factors listed below are the 15 engagement factors that create the engagement index

	2021	2019	2017	Average Yearly Change*	Holleran Benchmark Percentile
Overall Satisfaction	4.36	4.44	4.30	0.02	76th
Would Recommend as Work Place	4.51	4.49	4.34	0.04	88th
Will Work Here in Three Years	3.99	4.01	3.86	0.04	66th
Living Up to Mission and Goals	4.34	4.29	4.33	0.00	84th
My Opinions Count	3.87	3.83	3.68	0.05	64th
Community Cares for Staff	4.37	4.27	4.24	0.03	89th
Do What I Do Best	4.39	4.41	4.33	0.02	80th
Trust Leadership	4.13	4.13	4.09	0.01	77th
Producing Meaningful Results	4.28	4.21	4.08	0.05	76th
I Make a Difference Here	4.37	4.31	4.20	0.04	71st
Feel Good About Work	4.38	4.46	4.37	0.00	66th
I Have Friends at Work	4.22	4.15	4.23	0.00	67th
Know What is Expected	4.50	4.46	4.51	0.00	67th
Positive Recognition	4.04	3.96	4.05	-0.01	54th
Opportunity to Learn and Grow	4.07	4.09	4.00	0.02	62nd
Physical Safety is Protected	4.31	4.28	4.31	0.00	73rd
Staff Issues are Resolved Fairly	3.82	3.62	3.75	0.02	67th
Workload Distributed Fairly	3.91	3.79	3.76	0.04	77th
Given Necessary Tools for Job	4.39	4.37	4.40	0.00	86th
Provide Best Possible Care	4.47	4.44	4.41	0.01	79th
I Have Respect for My Supervisor	4,44	4.42	4.42	0.00	60th
Given Training	4.29	4.31	4.31	-0.01	74th
Evaluation is Done on Time	4.07	4.11	4.13	-0.01	65th
Good Communication	3.60	3.55	3.63	-0.01	54th
Paid a Competitive Wage	3.57	3.58	3.69	-0.03	64th
Feel Valued	4.18	4.28	4.16	0.00	81st
Would Recommend to Loved Ones	4.44	4.39	4.38	0.01	87th
Comfortable Going to Supervisor	4.01	3.94	4.13	-0.03	54th
Departments Work Well Together	4.20	4.04	4.04	0.04	80th
Communication Between Depts	3.73				78th

#### Holleran Benchmark Percentile Color Legend

85th percentile and above

16th - 84th percentile (Falls within typical variance)

<sup>\*</sup>Color indicates significance at the p < .01 level.

Positive values represent a significant increase over time.

Negative values represent a significant decrease over time.

<sup>📒 15</sup>th percentile and below

# Attachment F Community/Family Involvement

Sunnyside is dedicated to fostering a collaborative and inclusive environment where families and community members are actively engaged in the life and support of our organization. This involvement is essential not only for enhancing the quality of care and services but also for creating a supportive and connected community around our facility.

Included here are examples and evidence demonstrating our commitment to involving families and community members regularly.

An established Friends & Family Council that meets at least every 6 months to provide feedback, share experiences, and offer recommendations for improving our services. The council includes family members of residents, ensuring that their perspectives directly influence our policies and practices. Meeting minutes and action plans from these councils are documented and reviewed to track progress and address any concerns raised by family members. Speakers that may interest the family members are invited to do a brief educational presentation at these events.

Our facility hosts a variety of events throughout the year that encourage family and community involvement. These include:

- Family Fun Days/Festivals: These events bring together families, residents, and community members for activities, games, and social gatherings. They provide an opportunity for families to engage with each other and with staff in a relaxed, enjoyable setting.
- Free Offerings: We offer free balance screenings and blood pressure screenings to members of the independent living community to allow them to become more comfortable with this setting, to learn about our services, and meet our staff. This fosters transparency and builds stronger relationships with them.
- Seasonal Celebrations: We organize events for holidays and special occasions that
  include family members and local community groups. These celebrations often
  feature performances, themed activities, and collaborative projects that involve
  residents, families, and community participants.
- Family Support Group: We offer a monthly family support group with an outsourced professional leading discussion and education for support of the families who may have a resident residing with Sunnyside.

Sunnyside has a robust volunteer program that includes community members who regularly contribute their time and skills. Volunteers assist with various activities such as recreational programs, educational workshops, and support services for residents. Their

involvement is coordinated through a structured volunteer program that includes orientation, training, and ongoing support.

Sunnyside partners with local organizations, schools, and businesses to facilitate community engagement. These partnerships often result in joint initiatives, such as student volunteer programs, community service projects, and fundraising events that benefit both our facility and the broader community. Examples include participation in the Alzheimer's Walk, which included residents, family members, staff and outside organizations collaborating on a shared goal, fundraising for local charitable organizations, such as Harbor 58, food fundraisers for local charities and others.



### It's almost here!

# THE WALK TO END ALZHEIMERS is Saturday, October 28th at Nathan Benderson Park

(Opening Ceremony @ 8am, Walk begins @ 9am)

Walkers should meet at the Sunnyside tent when you arrive.

If you are interested in riding over on the Sunnyside Bus, we will be leaving from the Health Center at 8:00 am. \*Seating is limited.

YOU MUST SIGN UP TO RESERVE A SEAT ON THE BUS!

Also, Please Note: <u>ALL WALKERS MUST SIGN A</u>
<u>WAIVER PRIOR TO THE WALK.</u>

Please call or come to the Health Center Front Desk by Friday, October 27th to sign up for the bus AND complete your waiver!

\*T-shirts will be available to pick up October 25-27.

Questions? Call the operator at 0.





Harbor58 is a safe haven that provides resources and support for youth aging out of foster care by empowering them to achieve their full potential.



For this year's project, we are partnering with Harbor58 to help provide Christmas gifts to teens in foster care. Many of them are currently in group homes awaiting placement with families...so the holidays for them can certainly lack warmth and tradition.

Harbor58 has a group of teens that they mentor throughout the year. They would like to bless them with a special party and individualized gifts this Christmas. There is a display in the Health Center Lobby where you can find the items they need. Please choose an item (or a few) that you will purchase and bring on or before December 6th. Please do not wrap them. We will get the items to Harbor58 so they can wrap everything together for each teen and distribute the gifts at their Christmas party on December 14th.

Thank you for helping to make Christmas special for these teens this year!

To find out more about **Harbor58**, check out their website at:

Harbor58.org



IF YOU HAVE A LOVED ONE WITH MEMORY IMPAIRMENT OR AN ASSOCIATED MEMORY DISEASE, PLEASE JOIN US FOR SUNNYSIDE VILLAGE'S

# FAMILY SUPPORT GROUP

with Leslie Marchand, BSW



## THURSDAY, APRIL 25

4:00 PM

#### **HEALTH CENTER MULTIPURPOSE ROOM**

Leslie Marchand, Bachelor of Social Work, has over 25 years of experience working in healthcare and is currently a Behavioral Health Care Manager with Bluestone Physicians Services.

PLEASE RSVP TO MARCIA BY TUES APRIL 23 AT MCRUCE@SUNNYSIDEVILLAGE.ORG

#### ABOUT FRIENDS & FAMILY COUNCIL ...

The Friends & Family Council of Sunnyside Health & Rehabilitation Center meets twice a year to encourage communications between the staff and families of our nursing home residents. We attempt to make this a special time when we can meet with each other and better understand some of the issues that are important to all of us. It is also a time where families can bring up any concerns or questions about staff, policies, or care issues.

We try to schedule speakers that will be of interest to family members so that they might be a part of the ongoing educational process here at Sunnyside. It is important that we all work together for the benefit of the residents that live here. We encourage suggestions from our families as to areas of interest for future speakers.

These breakfast meetings are held in the Multipurpose Room in the Health Center and begin at 9:00 am. Reservations are encouraged so that the meals can be planned accordingly.

We look forward to meeting together and hope you will make Friends & Family Council a regular item on your planning calendar!



Friends & Family Council Breakfast Meeting

We welcome you back ...in person!

Wednesday, April 12, 2023 at 9:00 A.M.

**In the Health Center Multipurpose Room** 

# Attachment G Stable Workforce

#### Period 4/1/2024-6/30/2024

Turnover Rate		
# of Terminations of CNA & LN	10	
# of Active CNA & LN at end of period	78	

Stability Rate		
Total # of CNA & LN employed for more than 12 months	52	
Total # of CNA & LN employed at the end of the quarter	78	

Turnover % Stability Rate 67%

Turnover Rate (Excludes PRN)	
# of Terminations of CNA & LN	2
# of Active CNA & LN at end of period	48

Stability Rate (Excludes PRN)		
Total # of CNA & LN employed for more than 12 months	40	
Total # of CNA & LN employed at	40	
the end of the quarter	48	

Turnover % 4%
Period 7/1/2023 - 6/30/2024

Stability Rate	83%
----------------	-----

Stability Rate	
Total # of CNA & LN employed for more than 12 months	49
Total # of CNA & LN employed at the end of the quarter	78

Stability Rate 63%

Stability Rate (Excludes PRN)		
Total # of CNA & LN employed for more than 12 months	39	
Total # of CNA & LN employed at the end of the quarter	48	

Stability Rate 81%

#### Sunnyside's current strategies for recruitment and retention of nursing staff:

#### Recruitment

- Job openings are posted through various platforms including, but not limited to company website, job/career sites, and social media
- Job openings are shared internally to allow for current employees to refer friends and family
- Candidates are reviewed internally through various forms of management and Human Resources to ensure candidates meet the minimum requirements for the position. Candidates that do not meet the minimum requirements will not be contacted to participate in the interview process.
- Once candidates have been selected for hire, they will go through a screening process including but not limited to the completion of reference checks, background checks, & drug test

#### Retention

- Turnover rates are reviewed on a monthly, quarterly, and annual basis to identify trends and shared during QAPI
- Employee engagement committee is in place and meets monthly to determine engagement, satisfaction, and general employee needs
- Compensation and benefits are reviewed on a regular basis to ensure that the organization meets or exceeds industry norms
- Staffing ratios are monitored and compared to industry norms to ensure the organization meets or exceeds industry norms
- Work-life balance and healthy life initiatives include:
  - · Flexible work schedules
  - · Paid time off
  - Personal leave
  - Employee Assistance Programs
  - Wellness programs
  - Company paid virtual medical care and counseling

- Recognition and reward programs
  - Service awards
  - Peer to peer recognition program
  - · Monthly engagement events
  - Spot awards

# Sunnyside's ongoing plans to maximize strategies for recruitment and retention of nursing staff:

#### Recruitment

- Transitioning to a new Human Resources platform to improve recruitment and onboarding procedures
  - Increased access to job boards and career sites
  - Streamline onboarding
- Partnering with benefit brokers for constant review and improvement of company benefits to remain competitive and innovative within the industry
- Increased participation in job fairs and marketing to technical schools in the area

#### Retention

- Constantly evolving recognition and reward programs
- Partnering with benefit brokers for constant review and improvement of company benefits to remain competitive and innovative within the industry
- The facility will routinely assess employees to determine the most effective and appropriate communication channels and methods to enhance overall facility communication
- Assess talent development opportunities
  - Talent development plans and needs

- Mentorship programs
- Career path opportunities
- Leadership development

# Attachment H Target In-service

In-service training is a cornerstone of our commitment to quality improvement and excellence, aligning closely with the training needs identified through both internal and external quality assurance efforts. Our approach to in-service training is meticulously designed to address these needs and ensure that we meet and exceed the standards set forth by quality assurance reviews.

Internal quality assurance efforts, including regular performance evaluations, staff feedback, and operational audits, provide critical insights into areas requiring enhancement. Additionally, external quality assurance reviews and accreditation processes highlight industry benchmarks and compliance requirements that we must address. These reviews typically identify gaps in knowledge, skills, and practices that need to be addressed to uphold high standards of service and operational effectiveness. The facility assessments reviewed regularly also lead to identification of training needs amongst staff.

Sunnyside offers targeted in-service training programs that are strategically developed to address the specific needs identified through quality assurance processes. For example, if an internal audit reveals a need for improved customer service skills, our training modules will include focused sessions on communication strategies, conflict resolution, and customer engagement techniques.

In-service training is not a one-time event but a continuous process. We regularly update our training curriculum based on the latest findings from internal assessments and external reviews. This ensures that our staff is consistently informed of new best practices, regulatory changes, and emerging trends in the industry. Staff is trained not only on an annual basis at a required full day annual training event (outline attached), but at a reoccurring skills/competency fair (outline attached) and at regular monthly scheduled inservice based on our scheduled calendar and identified needs (attached).

We actively seek feedback from participants in our in-service training sessions to assess the effectiveness of the training and identify any additional needs. This feedback loop allows us to refine and adapt our training programs continuously, ensuring they remain relevant and effective.

#### **Sunnyside Village Annual and New Hire Orientation 2024**

Name: Depa	rtment:	Date:
Topic	Presenter	Time
Welcome / Introductions		8:00 - 8:15
Communication, Cultural Diversity/Awareness, Styles, "What is Montesorri"?, Personality Lingo		8:15 - 9:30
Customer Service - "The Sunnyside Way"		9:30 - 9:45
Break		
Advanced Directives, DNRO's		10:00 - 11:00
Resident Rights, Abuse, Neglect & Exploitation, Elder Justice Act - Part 1		11:00 - 11:30
Lunch		11:30 - 12:00
Resident Rights, Abuse, Neglect & Exploitation, Elder Justice Act - Part 2		12:00 - 12:30
Overview of State and Federal Regulations, HIPAA and Security		12:30 - 12:45
Risk Management / QAPI		12:45 - 1:00
Reporting major incidents, adverse incidents and facility emergency preparedness		1:00 - 2:00
OSHA, Hazard Communication, GHS		2:00 - 2:30
Compliance, EAP, Sexual Harassement		2:30 - 3:00
Break		
Accident Prevention, Fall Prevention and Back Safety		3:15 - 3:45
Infection Prevention and Control - Universal and Standard Precautions, Contact Isolation and Enhanced Barrier Precautions, and Facility Sanitation Procedures (Bloodborne pathogens, PPE, Blood Spill Kits,		2,45 4,45
Biohazardous Waste)		3:45 - 4:45
HIV / Aids		4:45 - 5:45
Alzheimers		5:45 - 6:45
Trauma Informed Care		6:45-7:45
Behavioral Health Services		7:45-8:45

\*\*\*I have received education on the above topics and understand the information

Employee Signature: \_\_\_\_\_

### **Nurses SKILLS EVENT** September 2024

09/8/24 - 09/14/24

# These are the skills that you will be performing or quizzed on at your NURSES SKILLS EVENT

☐ Hand Hygiene
☐ Nursing Documentation
☐ Cardiac Life Vest
☐ Respiratory Therapy
☐ Dialysis
☐ Colostomy Care
☐ Setting up an Isolation Caddy
☐ PPE Donning & Doffing
☐ Blood Glucose Testing Meter Care
☐ Eye Care * Eye Drops
☐ Skin Tear Management
☐ Dressing Changes (Wound/Surgical)
☐ Suprapubic Catheter * Change and Care OR
☐ Indwelling Cath Change
☐ Meds via Feeding Tube
☐ Iv angio cath insertion if RN or LPN certified:
☐ IM Injection Safety
Name:
Signature: Date:
Evaluator: /

### Nurses SKILLS EVENT September 2024

#### 09/8/24 - 09/14/24

Quiz:		Name:		
Cardia	atory Therapy ac Life Vest tomy Care is	Date:		
1.)	List 2 things that a nurse would need, to allow a	resident to self-administer a nebulizer after set-up.		
	What education could the nurse provide to the C resident who is wearing oxygen?	CNA and the resident for prevention of skin breakdown for		
3.)	decline of a resident?			
	Does a cardiac life vest require bystander interv	vention?		
6.)	What is the purpose of a cardiac life vest?			
7.)	choices	sident who is on hemodialysis regarding meals and food		
8.)	What pre and post documentation is important hemodialysis?	when documenting on a resident who is going to		
9.)	What topics might you include when beginning	to teach a resident with a new colostomy?		
10.)	Describe the care that a CNA should be doing for	or the resident who has a colostomy		

# SUNNYSIDE HEALTH & REHABILITATION CENTER

715

#### THIS CERTIFIES THAT

has successfully completed the CNA Skills Event which included the following topics:

Hand Hygiene
Donning & Doffing PPE
Set Up / Restock Isolation Caddy
Denture Care
Apply one Ted Hose
Measure urinary output from catheter bag
Modified Bed Bath: (face, one arm/hand, axilla)

Female Peri Care Use of a Bed Pan Turn and Position Radial Pulse Respirations

Manual Blood Pressure

Passive ROM upper and lower extremity Dress client with affected (weak) arm

Transfer from chair to W/C (right hemiparesis)

Assist to ambulate with a gait belt

Meal Tray Ticket: Build Diet per meal ticket

Provide Adaptive Equipment as needed

Describe fluid/food modification if needed

Date

Staff Development Coordinator

902

#### SSV Health Services In-Service Calendar 2024

January	Code Blue Drill- All Shifts	July (Therapy	Elopement Drill- All Shifts
National Blood Donor Month		Group B Strep Awareness Month	
Fire Drills: 7-3 & 11-7	Soc Svc / ALF Super	Fire Drills: 7-3 & 11-7	Restorative / ALF Supe
Circulatory System	SD Packet	Infection Control & Standard Precautions*	SD Packet
Bloodborne Pathogens*/Critical Thinking	SD Packet	Hand Hygiene / Personal Care	SD Packet
Montesorri Principle of the Month	SD Packet	Consultant Pharmacist In-Service	classroom - R.Wilso
February [Nursing	Elopement Drill- All Shifts	Montessori Principle of the Month	SD Packet
American Heart Month		August	Code Blue Drill- All Shifts
Fire Drill: 3-11	Business Office	Gastroparesis Awareness	
DOH Dietary Training	ALF Super	Therapy	Pool Drill
Annual Alzheimer's Training	ALF Super	Fire Drill: 3-11	<b>Business Office</b>
Understanding Heart Failure / End of Life Care	SD Packet	Annual Alzheimer's Training	ALF Super
Montessori Principle of the Month	SD Packet	Understanding the GI system / Dysphagia	SD Packet
Medication Pass & Med Cart Care	classroom - K. Oliver	Elopement Drill - ALF Only	ALF Super
March	Emerg Prep Exercise	Malnutrition and Dehydration	SD Packet
National Kidney Month		Montessori Principle of the Month	SD Packet
Therapy	Pool Drill	McGeer Criteria for Nurses & CNAs	classroom - Pam
Fire Drills: 11-7 & 3-11	11-7 Supe / ALF Super	September	Emerg Prep Exercise
Understanding: Urinary System & Cath Care	SD Packet	World Alzheimer's Month	
Incontinence & Constipation	SD Packet	Fire Drills: 11-7 & 3-11	11-7 Supe / ALF Super
Montessori Principle of the Month	SD Packet	Dementia overview / Preventing Elopement	SD Packet
Skills Day - CNAs	Staff Dev. TBD	Communication w/ cognitively impaired*	SD Packet
April	Code Blue Drill- All Shifts	Montessori Principle of the Month	SD Packet
Parkinson's Awareness Month	Code Blue Drill- All Stilles	Skills Day - Nurses	Staff Dev. TBD
Fire Drill: 7-3	DON / ADON	October [Nursing	Elopement Drill- All Shifts
Parkinson's Disease	SD Packet	Domestic Violence Awareness	cropement Dritt- Air Smit
Understanding the musculoskeletal system	SD Packet	Fire Drill: 7-3	Housekeeping
Officerstanding the musculoskeletar system	13D I deket		
Montassari Principle of the Month	SD Packet	Ahusa and Naglact / Domastic Violence*	ISD Dacket
Montessori Principle of the Month	SD Packet	Abuse and Neglect / Domestic Violence*	SD Packet
Transfer Safety	classroom Chanda	Professioanlism & Accountability	SD Packet
Transfer Safety Skills Day - Make-up - CNAs	classroom Chanda Staff Dev. TBD	Professioanlism & Accountability  Montessori Principle of the Month	SD Packet SD Packet
Transfer Safety <u>Skills Day - Make-up - CNAs</u> <u>May</u> [ <u>ALF Super</u>	classroom Chanda	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety	SD Packet SD Packet classroom - MedO
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month	Classroom Chanda Staff Dev. TBD Elopement Drill- All Shifts	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses	SD Packet SD Packet classroom - MedOn Staff Dev. TBD
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3	Classroom Chanda Staff Dev. TBD Elopement Drill- All Shifts Dietary / ALF Super	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November	SD Packet SD Packet classroom - MedO
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures	Classroom Chanda Staff Dev. TBD Elopement Drill- All Shifts Dietary / ALF Super SD Packet	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month	SD Packet SD Packet classroom - MedO: Staff Dev. TBD Code Blue Drill- All Shifts
Transfer Safety  Skills Day - Make-up - CNAs  May [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*	Classroom Chanda Staff Dev. TBD Elopement Drill- All Shifts Dietary / ALF Super SD Packet SD Packet	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3	SD Packet SD Packet classroom - MedOn Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super
Transfer Safety  Skills Day - Make-up - CNAs  May [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*	Classroom Chanda Staff Dev. TBD Elopement Drill- All Shifts Dietary / ALF Super SD Packet SD Packet SD Packet	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics	SD Packet SD Packet classroom - MedOn Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super SD Packets
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month	classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super  SD Packet  SD Packet  SD Packet  SD Packet	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*	SD Packet SD Packet classroom - MedOn Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super SD Packets SD Packet
Transfer Safety  Skills Day - Make-up - CNAs  May [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies	Classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super  SD Packet  SD Packet  SD Packet  SD Packet  SD Packet  Classroom Pam	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*  Montessori Principle of the Month	SD Packet SD Packet classroom - MedOn Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super SD Packets SD Packet SD Packet
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies  June	classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super  SD Packet  SD Packet  SD Packet  SD Packet	Professioanlism & Accountability  Montessori Principle of the Month Oxygen Safety Skills Day - Make-up - Nurses November National Diabetes Month Fire Drills: 3-11 & 7-3 Diabetes and Ethics Medical Error Prevention & Safety* Montessori Principle of the Month Understanding Dietary and Nursing	SD Packet SD Packet classroom - MedO: Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super SD Packet SD Packet SD Packet On Team 1 - Anne
Transfer Safety  Skills Day - Make-up - CNAs  May [ALF Super]  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies  June  National Scleroderma Month	Classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super  SD Packet  SD Packet  SD Packet  SD Packet  SD Packet  Classroom Pam  Code Blue Drill- All Shifts	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*  Montessori Principle of the Month	SD Packet SD Packet classroom - MedOn Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super SD Packets SD Packet SD Packet
Transfer Safety  Skills Day - Make-up - CNAs  May [ALF Super]  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies  June  National Scleroderma Month  Fire Drill: 11-7	Classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super SD Packet SD Packet SD Packet SD Packet Classroom Pam Code Blue Drill- All Shifts  11-7 Supervisor	Professioanlism & Accountability  Montessori Principle of the Month  Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*  Montessori Principle of the Month  Understanding Dietary and Nursing  December  [ALF Super	SD Packet SD Packet classroom - MedO: Staff Dev. TBD Code Blue Drill- All Shifts Activities/ ALF Super SD Packets SD Packet SD Packet On Team 1 - Anne Elopement Drill- All Shift
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies  June  National Scleroderma Month  Fire Drill: 11-7  Understanding the intugementary system	Classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super SD Packet SD Packet SD Packet SD Packet Classroom Pam Code Blue Drill- All Shifts  11-7 Supervisor SD Packet	Professioanlism & Accountability  Montessori Principle of the Month Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*  Montessori Principle of the Month Understanding Dietary and Nursing  December  [ALF Super	SD Packet  SD Packet  classroom - MedO: Staff Dev. TBD  Code Blue Drill- All Shifts  Activities/ ALF Super  SD Packet  SD Packet  SD Packet  On Team 1 - Anne Elopement Drill- All Shift  11-7 Supervisor
Transfer Safety  Skills Day - Make-up - CNAs  May [ALF Super]  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies  June  National Scleroderma Month  Fire Drill: 11-7  Understanding the intugementary system  Skin Care	Classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super  SD Packet  SD Packet  SD Packet  SD Packet  SD Packet  Classroom Pam  Code Blue Drill- All Shifts  11-7 Supervisor  SD Packet  SD Packet	Professioanlism & Accountability  Montessori Principle of the Month Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*  Montessori Principle of the Month Understanding Dietary and Nursing  December  [ALF Super  Effective Communication & Cultural Awareness	SD Packet  SD Packet  classroom - MedO  Staff Dev. TBD  Code Blue Drill- All Shifts  Activities/ ALF Super  SD Packet  SD Packet  SD Packet  On Team 1 - Anno  Elopement Drill- All Shift  11-7 Supervisor  SD Packet
Transfer Safety  Skills Day - Make-up - CNAs  May  [ALF Super  National Stroke Awareness Month  Fire Drills: 3-11 & 7-3  Strokes and Seizures  Documentation and coding*  Legal Aspects appropriate to C.N.A.*  Montessori Principle of the Month  C-Diff & Isolation Caddies  June  National Scleroderma Month  Fire Drill: 11-7  Understanding the intugementary system	Classroom Chanda Staff Dev. TBD  Elopement Drill- All Shifts  Dietary / ALF Super SD Packet SD Packet SD Packet SD Packet Classroom Pam Code Blue Drill- All Shifts  11-7 Supervisor SD Packet	Professioanlism & Accountability  Montessori Principle of the Month Oxygen Safety  Skills Day - Make-up - Nurses  November  National Diabetes Month  Fire Drills: 3-11 & 7-3  Diabetes and Ethics  Medical Error Prevention & Safety*  Montessori Principle of the Month Understanding Dietary and Nursing  December  [ALF Super	SD Packet  SD Packet  classroom - MedO: Staff Dev. TBD  Code Blue Drill- All Shifts  Activities/ ALF Super  SD Packet  SD Packet  SD Packet  On Team 1 - Anne Elopement Drill- All Shifts  11-7 Supervisor

Approved by: <u>Alexandra Malwack</u> Date: 1/1/2024



# **Sunnyside Village Orientation Agenda**

Name:

Today's Date: \_\_\_

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TOPICS	PRESENTER	TIME
Welcome/Introductions	Human Resources	9:00 - 9:15
Ice Breaker Game	Human Resources	9:15 -9:30
Department Head Introduction		9:30 -9:40
Montessori Introduction	Chanda Pollock	9:40 – 10:00
Overview of Handbook		10:00 – 10:45
Break		10:45 - 11:00
Nutrition, Hydration & Dining Etiquette	Anne LaCharity - Certified Dietary Manager	11:00 - Noon
Lunch		Noon-12:30
Sunnyside History, Mission & Core Values	Jarvis Hochstedler - Chaplain	12:30 - 1:30
AIG Retirement Planning	Amanda Voorhees – AIG Rep	1:30 -1:45
Orientation Wrap-up	Human Resources	1:45 – 2:00

Employee Signature: \_\_\_\_\_

**The Sunnyside Way:** We do the right thing because it is the right thing to do!

# Attachment I

Sunnyside Nursing Home, a 60-bed facility located in Sarasota, is dedicated to collaborating with our staff, residents, and community to implement the highest standards of practices, programs, and services that support our mission. Some examples of best practices include the following:

#### Montessori Inspired Living

As a Gold-Certified Montessori-Inspired Living Community, Sunnyside emphasizes equality, dignity, and respect for all who live and work here. What began as an initiative to improve communication among employees and departments has evolved into a comprehensive approach to meaningful and adaptive interactions. By focusing on self-awareness, personal purpose, and constructive dialogue, we follow 12 guiding principles to foster a connected community.

#### Better Together

Our "Better Together" program, which residents engage with at move in and staff engage with during onboarding, encourages meaningful connections by linking personal interests and hobbies, enhancing the sense of community at Sunnyside. (See attached Better Together program for details.)

#### Resident led programs

Sunnyside practices encouraging residents to play a role at the facility, if they would like to. This includes, leading exercise, bingo, crafts, bible discussions, writing newsletter articles, interviewing peer residents, and much more. This enhances the internal feeling of purpose for our residents, ultimately enhancing their quality of life and meaning in their days.

#### Resident Focused Meetings

Collaborative team members of Sunnyside choose an individual resident to meet on with a group of employees ranging from department heads, dietary staff, caregivers and nursing, to discuss who this resident really is, beyond their medical complexities. The discussion talks about what the resident has for remaining capabilities and what Sunnyside can do to help support this and make a lasting impression for each resident. This meeting occurs twice a month, and the results of each meeting are implemented into resident care plans but also into a binder that is available for all staff to view to better know a resident on a personal basis. Examples of questions include, "What does the resident like to do when they are feeling upset?", "What is the residents favorite beverage?", "What did the resident do for their occupation?", etc.

#### Sunnyside Champions Group

Sunnyside has a group, known as *The Champions Group* that meets to discuss resident and employee focused programs to collaboratively think outside of the box on ways to enhance the residents feeling of purpose, enhancing and committing to our hope to support each individual's dignity, respect and equality. This group has created many ongoing programs in the facility, including questions on tables that prompt discussions for residents, signage offering residents to take snacks if they desire, volunteer opportunities, reading groups, writing groups, employee and resident spotlight programs, and so much more!

#### Virtual Dementia Reality

Through a CMP grant and our partnership with Second Wind Dreams, Sunnyside has trained select department managers to become facilitators of the Virtual Dementia Reality program. This initiative is designed to raise awareness, foster empathy, and provide education about the experiences of residents with various impairments. By allowing staff to "experience" these challenges firsthand, we improve interactions and enhance care for our residents.

#### Therapy Pool

Sunnyside has a Hydroworx500, which is an inground pool that has a treadmill with a video camera underwater to monitor use. This is a very specialized offering that residents are able to use if prescribed by the physician that allows a lower impact water based therapy!

#### Multipurpose Room

Sunnyside utilizes a large space, known as the multipurpose room, for the residents to attend activities in. This space is designed with space to accommodate many people, allowing us to integrate programming with the assisted living residents, resulting in an increased variety of programs being offered daily and also enhance resident interaction between multiple populations if desired.

#### Daily trivia and activity sheets

To keep our residents engaged and motivated, we provide daily handouts featuring information about the day's programs, as well as trivia, puzzles, and interesting facts. These sheets are designed to encourage active participation and mental stimulation, helping residents stay involved and informed.

#### Tovertafel

The Tovertafel is an innovative tool geared to improving quality of life of seniors. It stimulates people living with Dementia (and those without!). The console transforms any table or floor into a "magic table", with games for people living with cognitive impairments and apathy. Sunnyside integrated this system into programming in 2024 and the residents absolutely love utilizing this.

#### Pet Therapy

Sunnyside is home to several birds and is a frequently visited location for therapy dogs and cats. Recognizing the value that animals bring to our resident's lives, our programming integrates routine visits from organizations such as the Cat Depot and regular visits with some of our staff members training therapy dogs!

#### Live Streaming Church Services

Recognizing the importance for some residents to have access to routine church services, Sunnyside implement a live streaming option from our on-campus chapel in to all residents room. Residents are now able to view, live, church services as they happen and other sessions held in the chapel that they may want to be a part of but aren't able to attend in person, such as concerts, bible studies and lectures. This gives our residents a feeling of belonging and involvement, even when they may not physically be able to attend.

#### Resident Walks

Residents are escorted by a variety of staff members and volunteers on a group walk weekly, allowing them to enjoy the outdoors and the campus they reside within alongside their peers and friends.

#### Employee Engagement

We recognize that staff satisfaction directly influences the quality of care provided to our residents. Our monthly Employee Engagement Committee meetings are instrumental in planning, developing, and enhancing employee programs. Dress down Fridays, staff t-shirts, celebratory events on a quarterly basis all aim to boost staff morale and, consequently, improve resident outcomes and satisfaction.

#### Employee Milestone Celebration

Recognition of employees is a top priority and here at Sunnyside, we have redesigned our milestone recognition program to celebrate employees at the 1, 3, 5, 10, 15, 20, 25, 30, etc. year marks with a celebration party and a monetary bonus!

#### Employee Meals

Sunnyside offers employees free meals on weekends, soup on Tuesdays and freshly scooped ice cream daily in our on campus ice cream parlor. Additionally, a variety of options are available to employees for purchase, contributing to overall satisfaction.

#### Employee Wellness

Sunnyside emphasizes the importance of wellness and has put in place multiple programs to help support our employees in this journey. A spa room, equipped with two full body massage chairs, essential oils, coloring pencils, journals, calming music is a room that has allowed employees the opportunity to have a calming room to enter amidst a busy and at times, very emotionally challenging day.



#### Are you looking for an opportunity to make a difference in people's lives?

- God has created each one of us with unique gifts and abilities.
- Here at Sunnyside, there are many opportunities waiting for your talents and skills to bring joy to others, which brings joy back to you.
- Look over the list and check any items that interest you.

We look forward to knowing the activities you enjoy and are eager to hear your suggestions. Contact: Karen Hudak, Sunnyside Montessori Coordinator, at khudak@sunnysidevillage.org

#### WE ARE BETTER TOGETHER!

SunnysideVillage.org



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#### WE ARE BETTER TOGETHER!

SunnysideVillage.org



# **Better Together**

Volunteer Opportunities - Sharing Your Talents

#### **Interest Checklist**



### To create purposeful and fun activity opportunities to pair-up by interests.

#### Check any of the following opportunities that are of interest to you:

	<b>Activity Announcer:</b> Knock on Manor or Health Center residents' door to greet and invite them to join a scheduled activity in advance.
	Art Cart: Create a variety of craft kits for the Art Cart.
	<b>Art Club:</b> Teach basic art (examples: watercolor & acrylic painting, *ceramics, *pottery, sketching, doodling etc. *Partner with a business that has a kiln.
	Bible Study: Coordinate a one-on-one or small group study of the Holy Bible.
	Book Club: Read and discuss books together.
	Chapel Programs & Services: Invite a person to attend a program or service together.
	Cooking Club: Prepare and cook/bake a favorite recipe together.
	Crafts: Teach or assist w/ craft. Help an individual to create a gift for their friend/family. (
	Computer/Technology: Assist an individual with their electronic device.
	<b>Dance Exercise Class:</b> Teach senior-friendly dance steps, tap dancing, line dancing, square dancing, Zumba, etc. (standing or sitting)
	Exercise Class: Co-lead a structured exercise group with a Life Enrichment Director or a SSV Therapist.
	<b>Game Partner</b> : Play cards, board games, or electronic games with an individual or group. Assist with game set-ups.
	Game Show Club: Join an individual or group to watch and guess answers to a game show. (Ex: Wheel a Fotune, Jeopardy, etc.) Present fun Trivia questions or call Bingo.
	Gardening Club: Assist or oversee courtyard container gardens on campus. Assist individuals to plant and care for their choice of plants. (Ex: herbs vegetable, annuals, orchids, dish gardens, hanging baskets, etc.)
	Golden Bucket List: Interview others to see what is on their bucket list of things to accomplish.
	<b>Library Day:</b> Invite an individual to go to the Village, Manor, or public library together to select a book. Take the book cart around to Health Center residents.
	Resident of the Month: Interview Health Center and Manor featured resident with given questions. Create a photo profile poster.
	Men's Club: Create and oversee monthly men's group — an open invitation for all resident men. Topics and events chosen by residents.
ĺ	Music Club: Listen to favorite tunes together and reminisce. Play an instrument or sing.

Outdoor Time: Invite an individual to explore the Village outdoor areas to enjoy the fresh air and nature together. Areas: Verandas, Manor picnic area, Manor covered porches, David Ray Park picnic benches, Sunnyside Lake walkway benches, Nature Trail benches, Resident Gardens, etc.
<b>Pet Therapy:</b> Bring your approved, calm, and friendly pet to visit with residents. Must provide pet's vaccine records.
Quilters Corner: Oversee attaching a small lap or crib-size quilt into a quilt frame for others to quilt stitch.  Teach basic quilt stitch. Give lap quilts to Health Center residents and crib quilts to charities.
Sewing Group: Coordinate a fellowship day to make and assemble projects. Example: walker and wheel chair organizer totes, lap quilts, sensory fidget lap pads, baby quilts, school and relief kit fabric bags for Mennonite Central Committee (MCC)
<b>Singer's Group:</b> Join staff and resident <i>Joymakers</i> choral group to sing to Health Center and Manor residents during lunchtime.
Song Writers Group: Create a Sunnyside song.
Sports Club: Invite others to watch sports or to attend a sporting event together.
<b>Staff of the Month:</b> Get to know staff: interview featured staff and share their stories. Create a photo profile poster for Health Center and Manor staff. For IL staff, provide the article to Ann Chisholm for IL monthly newsletter.
Stitch & Yarn Group: Coordinate a fellowship day of crocheting and knitting. Teach a basic stitch class.
Sunnyside Family Cookbook: Interview residents to collect a favorite recipe to add to the cookbook. Include the history of why that recipe is special and memories of the recipe.
<b>Veteran's Group:</b> Create and oversee monthly group – an open invitation for all resident veterans. Topics and events chosen by residents.
Village Store: Invite an individual to browse the Village store located in Sunnyside Manor (Ex: select cards, a gift, etc.)
Village Walks: Invite others to walk together.
Visitations: Coordinate a time to visit with a Health Center or Manor resident(s)
Wheelchair Transportation: Assist with wheelchair transport to campus activities.
Write Cards/Letters: Assist an individual in writing correspondences to family/friends.
Woodworking Guild: Provide simple building projects for others to participate such as sanding, gluing, painting, etc.) Projects for resident or for gifts. Ex: Birdhouses can be placed on shepherds' hooks by their windows, personalized picture frames, wheeled elevated garden boxes, etc.
<b>Writers Group:</b> Assist others in writing and creating a Legacy or Memory Book for their family. Option: Pairing students with a resident to learn each other's history and interests and then have the students and resident present together.

Staff Name:	
Phone:	_ Email:

Return completed form to: Health Center Front Desk or Corporate Office Receptionist

ATTN: Karen Hudak, Sunnyside Montessori Coordinator





#### Congratulations!

Thank you for participating in the Virtual Dementia Tour® Facilitator Training today.

You are embarking on an amazing journey to increase empathy, awareness and improve personcentered care for all residents! With the completion of the VDT® Facilitator Training, your nursing home is entering the Practice Phase of the CMP-funded program. In the coming months we will schedule another visit and return for 1-day to observed and evaluate your performance as a Facilitator. During the Second Site Visit we will review training protocols, provide you with different tasks and invite your entire staff to step back into the experience room for another look at dementia. At that time, we will also introduce the Community Edition materials and individual debrief methods.

Upon completion of all grant requirements, and with written request by the Administrator, you will be eligible to receive additional training on how to offer the Inclusive VDT®. The IVDT builds off the Traditional VDT to provide a personal experience of what inclusive, empathic person-centered care looks and feels like for those with dementia.

#### Action Items:

- Complete Post-Training DACE® Evaluations: DACE is a grant requirement; due within the next 2-weeks. Reminder: DACE should be conducted on the same staff members who were previously observed. If there are any issues using the online application, please use the attached form to compete DACE. Forms can be faxed to: 470-468-0106 or scanned and emailed to: katherine@secondwind.org.
- Sustainability of the VDT is important: Practice your new skills as a Facilitator by leading the VDT again for new hires or certain departments - schedule a 4-hour evening or weekend event. Continue to build a strong Training Team so that everyone is comfortable with the program.
- Share your experience: Contact another facility and encourage them to enroll in this unique program! Space is limited to only 125 skilled nursing homes in Florida.

Your success with this program is important to us! Thank you again for your commitment to improving person-centered care for those living with dementia.

Katherine Boyet FL Grant Coordinator – 678-624-0500 EXT 412



## **Employee Engagement Committee Meeting**

Wednesday, August 7th @ 2pm in Team 3 Activity Room

#### Employees that signed up for the committee...

Qinghua Wu SNF
Armelle Edouard SNF
Ana Grace SNF
Stacy Davis SNF
James Walker IL Dining
Scott Wesson IL Dining
Marko Petrik Campus Services
Sarita "SKYE" Fisher ALF
Donna Miller ALF
Dwight Spence ALF
Alicia Andrade SNF
Jen Charley SNF

Marquies Collins SNF/ALF
Princess Bailey SNF
Denise Bruno SNF
Nancy Fus SNF
Jennifer Crough SNF/ALF
Macey Walker Corporate
Julie Platt
Tina Catalane IL
Becca Ferry/ SNF
Marcia Cruce ALF/MC
Penny Davidson SNF

Refreshments will be provided, and we look forward to hearing everyone's great ideas on different events and perks to be offered at Sunnyside!!!