

ROSEWOOD MANOR

FINAL REPORT

1. This project increased the number of social programs focusing on outdoor activities in the facility. Before this project we only had outdoor activity about once a week with residents. Currently, we have at least four activities a week that include Range of Motion, hydration, walking and gardening with residents.
2. Residents and their family members were surveyed regarding the satisfaction with the outdoor activity area for residents. Interviews with residents and family members were conducted at the end of the project. Some interviews were done in a group format and some were individual interviews.

Residents were asked at the resident counsel meeting for the satisfaction. Everybody like the final product and enjoy being outside in a newly landscaped area. The large gazebo is the place where residents like to hide in a shade on sunny days.

Several family members were interviewed regarding the satisfaction of our new area. Everybody were really pleased with the outdoor area and the gazebo. Now, residents may spend time with their families in a beautifully landscaped courtyard and the gazebo.

3. The area is being used constantly by our Therapy and Restorative departments. Our Speech and Occupational Therapists take several residents for therapy to the outside area.
4. This project had a great success and is very beneficial to our residents. The entire construction project from the beginning to the end was followed by our staff and residents. Everybody anxiously anticipated the completion of the project. Residents started to use the area immediately after the opening.

Direct care employees and therapy staff were educated about residents' hydration while being outside. The most challenging part was to build the gazebo within our budget and to finish the project on time.

All residents and their family members were educated about the availability of this area that was designed to improve residents quality of life.



JEB BUSH
GOVERNOR

CHRISTA CALAMAS
SECRETARY

October 16, 2006

Mr. Alex Terentev
Administrator
Rosewood Manor
3107 North H Street
Pensacola, Fl 32501

Dear Mr. Terentev:

We received your final report for funding agreement, AFA23. This agreement provided funding for your facility to enhance an area next to the Alzheimer's Unit including landscaping and the building of a gazebo.

Final reporting for this agreement was outlined as follows and should include:

- Photographs, in electronic format, of the progression of the project up to and including the ribbon cutting ceremony and at least one new outdoor scheduled activity. (Ensure resident/family's permissions are obtained for any pictures sent that include residents.)
- Numbers of the social programs now focusing outdoor activities versus what was provided at the beginning of the project
- Analysis of resident and family survey compared to the beginning of the project
- Results of a study done at the end of the project conducted by interviewing residents and family members in groups and through personal interviews about the use of the new pavilion
- Information on the use of the new area by the therapy and restorative departments and residents involved regarding their satisfaction with the use of the new area
- A report to provide to other facilities that may wish to do a project similar to this one. The information should include what area was most successful and why. What area was least successful and what could be done to change it to make it successful. The report should include all steps taken to complete a project such as this, what education was provided to staff, family and residents and information on the therapy and restorative department use and how resident and family surveys were conducted.

Upon review of your final report, we found the following deficiencies.

1. The report must include an analysis of resident and family surveys done compared to the beginning of the project. This was not provided.
2. You did provide the general results of the resident and family interviews, but not the results of a study done. A study would provide details of these interviews.

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3. Information on the use of the new area by the therapy and restorative departments was to include information on residents involved regarding their satisfaction with the use of the new area. This information which should include details on the use of the new area by these two departments from completion of the project to the time of the report was also not provided. Names of residents should not be provided, but a general indicator for each resident who used the area what was provided to this resident should be provided.
4. A report to provide to other facilities wishing to do a project similar to this one was also not provided. The information that should be included in this separate report was provided above in the last bullet. As stated above, this should be a very detailed report on the project and all of the steps to complete the garden/gazebo area and then begin the use by the therapy and restorative departments should be included.
5. Photographs were to be submitted in electronic format and should include a progression of the project, including the ribbon cutting ceremony if one was held.

All of the above information must be submitted within 10 working days from receipt of this letter. Failure to provide reports as specified in the agreement will disqualify the Facility from further agreements under this program. Upon receipt of a complete final report, along with copies of original receipts to accompany the invoice submitted, the final payment will be submitted.

If you have questions regarding this final report and needed documentation to accompany the final invoice, please do not hesitate to contact me.

Sincerely,

Barbara Dombrowski

Barbara Dombrowski, Contract Manager
Bureau of Long Term Care Services

1. Analysis of residents and family surveys done compared to the beginning of the project.

Below is the summary of the resident and family surveys done before and after the completion of the project. This survey was conducted by mailing questionnaire directly to family members or distributing to residents in the facility.

Everybody were asked to answer these questions on the scale from 1 to 5, 1 being the worst and 5 being the best.

| Activities | Score in 2005 Before the project | Score in 2006 After the project was completed |
|---|---|--|
| Quality of Activity Program | 3.2 | 3.5 |
| Variety of Activities and Outings | 3.1 | 3.6 |
| Courtesy and Attitude of Activity Staff | 3.4 | 3.6 |
| Quality of Therapy Services | 3.3 | 3.4 |
| Survey Response rate | 35 surveys | 38 surveys |

2. Results of a study done at the end of the project conducted by interviewing residents and family members in groups and through personal interviews about the use of a new pavilion

Residents and their family members were surveyed regarding the satisfaction with the outdoor activity area for residents. Interviews with residents and family members were conducted at the end of the project. Some interviews were done in a group format and some were individual interviews.

Residents were asked at the resident counsel meeting for the satisfaction. Everybody like the final product and enjoy being outside in a newly landscaped area. The large gazebo is the place where residents like to hide in a shade on sunny days.

Several family members were interviewed regarding the satisfaction of our new area. Everybody was really pleased with the outdoor area and the gazebo. Now, residents may spend time with their families in a beautifully landscaped courtyard and the gazebo.

Results of a study:

The following questions were asked during the group and individual interviews:

1. Do you like the location and size of the new gazebo/pavilion?
2. Do you think this project improved the quality of life of our residents?
3. Has this project increased the number of outdoor activities?
4. Do you like spending time in our outdoor pavilion?
5. Has this project increased the time our residents spent outside gardening?
6. Do you think this project improved the quality of our restorative program?

Satisfaction Rate:

56 residents were asked about the use of a new pavilion

54 were satisfied with the use of the pavilion

96.4 % is the satisfaction rate of the residents

16 family members were asked about the use of the pavilion

15 of them were satisfied of the use

93.8 % is the satisfaction rate of family members

95.1 % is the overall satisfaction rate for residents and family members

3. Information on the use of the new area by the Activity, Therapy and Restorative Departments.

The area is being used constantly by our Therapy and Restorative departments. Our Speech and Occupational Therapists take several residents for therapy to the outside area.

Every morning, weather permitting, at around 9:30 AM our Restorative Nursing Assistants take 6-10 residents to the outdoor gazebo for walking exercises and Range of Motion program. Gazebo allows more regular outdoor activities and is not so depend on weather. These residents seem to be more active in outdoor activities than indoor.

Right after the completion of the project there were only few residents willing to participate in outdoor activities, because of the hot weather. By changing time to early morning and implementing the hydration program more and more residents joined our outdoor activities.

The area on both sides of the sidewalk is landscaped and enhanced flower and garden beds some of them raised to a wheelchair height. This provides a secure and accidents free environment for residents while being on the sidewalk. This also allows wheelchair bound residents to participate in gardening. Several of our residents had gardening as a favorite hobby. This area benefits residents from a physical as well as mental health standpoints.

Our Activity Departments increased the number of outdoor activities for residents. Before this project we only had outdoor activity about once a week with residents. Currently, we have at least four activities a week, weather permitting, that include games, playing cards, bird feeding and gardening with residents.

Our Speech Therapist takes on average 2 residents couple times a week to the outdoor pavilion for therapy sessions.

Our Occupational Therapist takes 3-5 residents on a regular basis to the outdoor area, since these residents prefer to have their therapy session in the gazebo. This improves the quality and the participation in therapy

4. A report to other facilities wishing to do a similar project.

In our grant application we proposed a project that would greatly enhance the Quality of Life of our 60 residents in our Alzheimer's Unit. We proposed the development and enhancement of the outdoor area located directly next to our Alzheimer's Unit. This area was undeveloped with only a cement sidewalk starting at the backyard's exit door and ending in the middle of the yard.

We proposed to utilize the existing space and develop the area specifically designed for dementia and/or Alzheimer's residents. The area on both sides of the sidewalk was landscaped and enhanced flower and garden beds some of them raised to a wheelchair height. At the end of the sidewalk we proposed to build a gazebo where residents would enjoy the outdoor activities and/or gardening.

After approval of our proposal and, we developed a timeline for the construction and landscaping. We anticipated the completion of the project from start to finish in three months.

The first phase started with the construction of a 20 x 30 feet gazebo at the end of the existing sidewalk. It was important to secure the area during construction to prevent accidents. This involved a special in-service for construction workers about residents' safety and the proper way of entering and exiting the facility. The construction of the Gazebo took us about 6 weeks.

The second phase of the project was building flower beds and garden areas raised to wheelchair height on both sides of the sidewalk. Prior to starting we conducted a survey of residents during resident counsel about what kind of plants, trees and flowers would they like to see in this area. Residents wanted to see few trees and plenty of flowers and small shrubs. The flower beds were built using landscaping timbers on both sides of the sidewalk. This ensured residents safety while being on the sidewalk.

The last phase of the project involved general landscaping of the area. This phase included an in-service from the landscaping company to our facility about maintenance and watering schedule of the area.

The entire project took us just under three months to complete. We started in late March 2006 and finished by mid June 2006.

There were several benefits of this project that improved the Quality of Life for our residents. Each benefit is outlined below:

1. The outdoor Gazebo allows for outdoor activities like Bingo, Gospel Singing, games, Range of Motion exercises or just sitting and enjoying a nice day
2. Improved quality of outdoor parties for residents with their families and friends.
3. The sidewalk is a safe area for residents to get some exercise while enjoying the outdoors. The walkway is wide enough to support walking, wheelchairs, and even Geri-chairs. The Therapy and Restorative programs also utilizes this area for walking with residents.
4. The garden area will allow residents to reminisce about the gardens while providing exercise and mental stimulation.
5. Residents who did not normally go outside, were willing to sit in the Gazebo and benefit from fresh air and sunshine.

At the end of the project all direct care employees and therapy staff were educated about monitoring the temperature and residents' hydration while being outside.

Residents were asked at the resident counsel meeting for the satisfaction. Everybody like the final product and enjoy being outside in a newly landscaped area. The large gazebo is the place where residents like to hide in a shade on sunny days.

Several family members were interviewed regarding the satisfaction of our new area. Everybody was really pleased with the outdoor area and the gazebo. Now, residents may spend time with their families in a beautifully landscaped courtyard and the gazebo.

We conducted a survey regarding residents' satisfaction with our activity program before and after the completion of this project. The score was a lot higher after we implemented outdoor activities in a new area.

Residents and their family members were surveyed regarding the satisfaction with the outdoor activity area for residents. Interviews with residents and family members were conducted at the end of the project. Some interviews were done in a group format and some were individual interviews

Results of a study:

The following questions were asked during the group and individual interviews:

1. Do you like the location and size of the new gazebo/pavilion?
2. Do you think this project improved the quality of life of our residents?
3. Has this project increased the number of outdoor activities?
4. Do you like spending time in our outdoor pavilion?
5. Has this project increased the time our residents spent outside gardening?
6. Do you think this project improved the quality of our restorative program?

According to this study the overall satisfaction rate for residents and family members was 95.1 %

If you have any question or need any additional information about this project please contact the Administrator of Rosewood Manor, Alex Terentev at 850-430-0500 or aterentev@yahoo.com





